

FCC NOV. 2010

NOVEMBER 1, 2010

LENGTH-00:30      ISSUE-CRIME 1    SHOW TIME-5:00

AUTHORITIES ARE LOOKING FOR THE PERSON RESPONSIBLE FOR HITTING AND KILLING A FORT MYERS MAN ... WHO HAD BEEN SEARCHING THE HIGHWAY FOR HIS DOG. THE FLORIDA HIGHWAY PATROL SAYS JASON FOX AND ANOTHER PERSON ...PULLED ONTO THE SHOULDER OF I - 75 IN VENICE EARLY YESTERDAY TO SWITCH DRIVERS...BUT WHILE THEY WERE CHANGING PLACES, THEIR DOG ESCAPED. FOX CROSSED THE SOUTHBOUND LANES .... AND CHECKED THE MEDIAN FOR HIS PET. ON HIS WAY BACK, HE WAS STRUCK AND KILLED BY A CAR THAT NEVER STOPPED.

LENGTH-00:26      ISSUE-DRUGS 11    SHOW TIME-5:00

ALCOHOL HAS BEEN NAMED THE WORLD'S MOST HARMFUL DRUG-- THAT STORY TOPPING TODAY'S HEALTH NEWS. BRITISH EXPERTS EVALUATED SUBSTANCES INCLUDING ALCOHOL, COCAINE, HEROIN, ECSTASY AND MARIJUANA, RANKING THEM BASED ON HOW DESTRUCTIVE THEY ARE TO THE INDIVIDUAL WHO TAKES THEM AND TO SOCIETY AS A WHOLE. OVERALL, ALCOHOL OUTRANKED ALL OTHER SUBSTANCES. THE STUDY WAS PAID FOR BY BRITAIN'S CENTRE FOR CRIME AND JUSTICE STUDIES AND WAS PUBLISHED ONLINE TODAY...

LENGTH-00:32      ISSUE-CRIME 1    SHOW TIME-6:00

TROOPERS ARE LOOKING FOR THE DRIVER RESPONSIBLE IN A FATAL HIT AND RUN CRASH ALONG I-75 EARLY SUNDAY.. THE FLORIDA HIGHWAY PATROL SAYS JASON FOX OF FORT MYERS AND ANOTHER PERSON -- PULLED ONTO THE SHOULDER OF I - 75 IN VENICE TO SWITCH DRIVERS...BUT WHILE THEY WERE CHANGING PLACES, THEIR DOG ESCAPED. FOX CROSSED THE SOUTHBOUND LANES.. AND CHECKED THE MEDIAN FOR THE DOG.. ON HIS WAY BACK, HE WAS STRUCK AND KILLED BY AN SUV OR TRUCK --- WHICH NEVER STOPPED. TROOPERS SAY THE VEHICLE IS MISSING A SIDE MIRROR..

LENGTH-00:21      ISSUE-CRIME   1    SHOW TIME-6:00

A SARASOTA MAN IS ARRESTED IN MARYLAND FOR HIS INAPPROPRIATE BEHAVIOR THIS HALLOWEEN...POLICE ARRESTING 47-YEAR-OLD JOSEPH DIVANNA. OFFICERS SAY HE WAS WEARING A DIAPER AND SHOUTING PROFANITIES WHILE TRICK-OR-TREATING HALLOWEEN NIGHT. WITNESSES TOLD POLICE DIVANNA CURSED AT ADULTS AND CHILDREN AS HE TRIED TO GET THEM TO GIVE HIM CANDY. HE'S CHARGED WITH DISORDERLY CONDUCT.

LENGTH-00:24      ISSUE-CRIME   1    SHOW TIME-6:00

A SARASOTA COUNTY FIREFIGHTER SPENDS A NIGHT IN JAIL THIS WEEKEND -- AFTER SHERIFF'S DEPUTIES SAY HE RAN A STOP SIGN AND ALMOST HIT ONE OF THEIR PATROL CARS. 49-YEAR-OLD JAMES SCHUSTER IS CHARGED WITH D-U-I. DEPUTIES PULLED HIM OVER SATURDAY NIGHT ALONG PROCTOR ROAD IN SARASOTA. WITNESSES SAY BEFORE HE WAS STOPPED, SCHUSTER ALSO HIT A SIGN AND RAN A DRIVER OFF THE ROAD. SCHUSTER TOLD DEPUTIES HE'D BEEN DRINKING ALL MORNING AND PLAYING GOLF.

LENGTH-00:23      ISSUE-CRIME   1    SHOW TIME-11:00

AN ANGRY WALMART SHOPPER ENDS UP IN JAIL -- FOR SMASHING THREE TV'S WITH A BASEBALL BAT. BRADENTON POLICE ARRESTED SAMUEL LOTT EARLY THIS MORNING AT THE STORE ON CORTEZ ROAD. OFFICERS FOUND LOTT WITH THE BAT IN HIS HANDS -- AND A HALF-EMPTY BEER BOTTLE ON THE GROUND BY THE TV'S. IT'S BELIEVED LOTT CAUSED NEARLY 2-THOUSAND DOLLARS IN DAMAGE -- HE'S CHARGED WITH CRIMINAL MISCHIEF. AS FOR A MOTIVE -- LOTT TOLD POLICE HE WAS HAVING A BAD DAY.

NOVEMBER 2, 2010

LENGTH-00:49                      ISSUE-HEALTH    5      SHOW TIME-12:00

VACCINATION HAS ERADICATED POLIO AND MEASLES. AND A NEW STUDY SUGGESTS WE ARE CLOSER TO A VACCINE THAT COULD HELP WIPE OUT BREAST CANCER. SCIENTISTS AT THE CLEVELAND CLINIC DEMONSTRATED HOW ONE SHOT COULD PREVENT BREAST CANCER TUMORS FROM DEVELOPING IN MICE GENETICALLY ENGINEERED TO DEVELOP THE DISEASE. THE 10-MONTH STUDY INVOLVED A SMALL GROUP OF MICE. ONE GROUP WAS INJECTED WITH A DRUG THAT MAKES THE IMMUNE SYSTEM ATTACK A PARTICULAR PROTEIN FOUND IN MOST CANCER CELLS. ANOTHER GROUP RECEIVED A PLACEBO. NONE OF THE MICE THAT RECEIVED THE REAL DRUG DEVELOPED BREAST CANCER, WHILE ALL OF THE OTHER MICE DID. THERE ARE TWO APPROVED CANCER-PREVENTION VACCINES: CERVICAL AND LIVER CANCER. BUT UNLIKE THOSE, WHICH TARGET VIRUSES, THE BREAST CANCER VACCINE

TARGETS CANCER FORMATION. THE GOAL: VACCINATE WOMEN OVER AGE 40-WHEN BREAST CANCER RISK INCREASES-AS WELL AS THOSE AT HIGH RISK. HUMAN TRIALS COULD BEGIN NEXT YEAR. IF THE VACCINE IS AS SUCCESSFUL IN HUMANS AS IT IS IN MICE, WE COULD BE ONE STEP CLOSER TO WINNING THE WAR AGAINST BREAST CANCER

LENGTH-01:36      ISSUE-HEALTH    5      SHOW TIME-12:00

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NOVEMBER 3, 2010

LENGTH-00:43      ISSUE-ELDERLY    7      SHOW TIME-SUNRISE

VIDEO GAMES AND SENIOR CITIZENS ARE AN UNUSUAL MIX. BUT AT ONE SOUTH FLORIDA HOSPITAL, SENIORS HAVE BEEN PLAYING A LOT OF VIDEO GAMES AND ACTUALLY IMPROVING THEIR HEALTH. PATIENTS AT BROWARD GENERAL MEDICAL CENTER .... ARE SAYING GOODBYE TO REHAB, AND HELLO TO WII-HAB."IT HELPS WITH BOTH OCCUPATIONAL THERAPY AND PHYSICAL THERAPY GOALS. WE CAN WORK ON STRENGTH, RANGE OF MOTION, ENDURANCE, COORDINATION AND MOTOR PLANNING," A LOT OF PATIENTS SAY THAT TRADITIONAL PHYSICAL THERAPY JUST HELPS WITH STRENGTH...BUT SEVERAL OF THE WII GAMES ALSO HELP WITH HAND-EYE COORDINATION.. AND DOCTORS SAY WHEN OTHER PATIENTS SEE THEIR FRIENDS PLAYING, .... THEY ASK TO GET IN ON THE FUN AS WELL.

LENGTH-00:49      ISSUE-WOMEN    8      SHOW TIME-12:00

A RECENT STUDY SUPPORTS THERE IS INCREASED BREAST CANCER RISK ASSOCIATED WITH HORMONE REPLACEMENT THERAPY OVER 15 PLUS YEARS, SPECIFICALLY IN WOMAN WHO ARE THINNER AT MENOPAUSE WHEN THEY GO ON A TREATMENT PLAN. RESEARCHERS ANALYZED A DECADE WORTH OF DATA ON ABOUT 2,800 WOMEN DIAGNOSED WITH BREAST CANCER. THEY COMPARED WOMEN WHO HAD NEVER USED HORMONE THERAPY TO THOSE WHO REPORTED USING IT FOR 15 PLUS YEARS. ESTROGEN USERS, COMPARED TO WOMEN WITH NO THERAPY, HAD A 19 PERCENT GREATER BREAST CANCER RISK. THOSE WHO USED COMBINATION THERAPY WERE 83 PERCENT MORE AT RISK OF DEVELOPING BREAST CANCER. WHAT MAY BE CAUSING THE COMBINATION THERAPY INCREASE? PROGESTIN SIGNALS BREAST TISSUE TO DIVIDE. RAPID CELL REPLICATION FUELS THE RISK OF BREAST CANCER. BODY MASS INDEX (BMI) ALSO PLAYED INTO THE RISK. WOMEN WITH A BMI OF 30 OR ABOVE DID NOT HAVE AN ELEVATED RISK WITH LONGER-TERM USE, BUT THOSE WITH BMI BELOW 29.9 DID. BOTTOMLINE? THERE CAN BE RELIEF OF MENOPAUSAL SYMPTOMS WITH HORMONE THERAPY, BUT YOU NEED TO TALK TO YOUR DOCTOR TO DETERMINE THE SAFEST TREATMENT PLAN FOR YOU.

LENGTH-01:00

ISSUE-CRIME 1 SHOW TIME-11:00

POLICE HELICOPTERS IN THE SKY-- AND PATROL CARS ON THE GROUND-- IT TOOK US A MINUTE TO KIND OF COMPREHEND B/C IT WAS BROAD DAYLIGHT KIND OF UNUSUAL FOR THIS TYPE OF STUFF TO BE HAPPENING RIGHT IN FRONT OF THE SCHOOL AND IT'S NOT THE FIRST TIME AT RINGLING COLLEGE...THERE WAS ANOTHER SIMILAR INCIDENT AT NEW COLLEGE AT THE SHELL STATION AND THEN A FEW DAYS LATER WE HAD ANOTHER INCIDENT OVER ON DR MARTIN LUTHER KING THE SAME KIND OF MO CHRISTINE MEEKERLANGE WITH RINGLING COLLEGE SAYS THAT WITHIN THE LAST MONTH-- THERE HAVE BEEN THREE DIFFERENT ATTEMPTED MUGGINGS-- AND NOW IT SEEMS THE ASSAILANTS ARE GETTING MORE BRAZEN.THE STUDENT WAS SIMPLY SKATEBOARDING HOME IT WAS DAYLIGHT AND THEY WERE APPROACHED BY TWO INDIVIDUALS WHO ASKED FOR MONEY JUSTIN FENNELL AND SCOTT PRATHER WITNESSED IT FIRST HAND...HEARD SOME RUCKUS AND THEN SAW MY FRIEND KARL WHO WAS UH GOT KNOCKED OFF HIS SKATEBOARD AND THEN WAS ON THE GROUND WHILE TWO MEN APPROACHED HIM TO GET HIS BAG FENNELL AND PRATHER SAY THEY CAME OUTSIDE TO TRY TO HELP THEIR FRIEND-- AND THE ASSAILANTS TOOK OFF. I WAS A LITTLE SHAKEN ABOUT IT JUST BECAUSE THEY APPROACHED US AND I THOUGHT WE WERE ABOUT TO THROW SOME BOWS OR SOMETHING NOW-- THEY CAN'T HELP BUT THINK-- WHAT IF... THEY COULD'VE HAD A KNIFE OR SOMETHING THEY COULD'VE EVEN HAD A GUN

NOVEMBER 4, 2010

LENGTH-00:34

ISSUE-CRIME 1 SHOW TIME-SUNRISE

DEPUTIES LOOKING FOR A MAN WHO ROBBED A WOMAN .... OUTSIDE HER HOME LAST NIGHT. THE VICTIM WAS GETTING HER PURSE FROM HER CAR.... OUTSIDE HER HOME IN THE 49-HUNDRED BLOCK OF 25TH STREET WEST IN BRADENTON.... WHEN A MAN APPROACHED HER FROM BEHIND .... AND PUSHED HER DOWN. HE THEN DEMANDED CASH... WHILE HOLDING SOMETHING TO HER BACK .... THAT COULD HAVE BEEN A WEAPON... THE VICTIM GAVE HIM 300-DOLLARS, AND THE MAN TOOK OFF.

LENGTH-00:27      ISSUE-DRUGS    11    SHOW TIME-12:00

AN UNDERCOVER STING .... BUSTS A CHARLOTTE COUNTY WOMAN....FOR SELLING CRACK COCAINE. 34-YEAR-OLD TRE-SHUNDA PLATT WAS ARRESTED YESTERDAY IN PUNTA GORDA. ACCORDING TO CHARLOTTE COUNTY DEPUTIES,,,,PLATT INITIATED A DEAL WITH AN UNDERCOVER DETECTIVE TO SELL HIM THE DRUGS. THE EXCHANGE TOOK PLACE WITHIN ONE-THOUSAND FEET OF A CHILD CARE FACILITY. PLATT IS CHARGED WITH POSSESSION, SALE AND DELIVERY OF CRACK COCAINE.

LENGTH-00:44      ISSUE-00:44      SHOW TIME-12:00

A NEW STUDY SUGGESTS THAT LONG-TERM FISH OIL SUPPLEMENTS MAY HELP LOWER A WOMAN'S RISK OF BREAST CANCER. RESEARCHERS FROM THE FRED HUTCHINSON CANCER CENTER FOLLOWED ABOUT 35 THOUSAND POST-MENOPAUSAL WOMEN WITH NO HISTORY OF BREAST CANCER FOR SIX YEARS. 880 WOMEN DEVELOPED BREAST CANCER, BUT THE WOMEN WHO REGULARLY USED FISH OIL HAD A 32 PERCENT REDUCED RISK OF DEVELOPING THE MOST COMMON TYPE OF BREAST CANCER. FISH CONTAINS OMEGA-3 FATTY ACIDS FOUND IN SALMON AND OTHER FISH-AND HELPS REDUCE INFLAMMATION, WHICH PLAYS A ROLE IN SOME CANCERS AS WELL AS HEART DISEASE. IT IS TOO EARLY FOR DOCTORS TO START RECOMMENDING THE SUPPLEMENT TO PREVENT BREAST CANCER; ADDITIONAL RESEARCH NEEDS TO BE DONE TO CONFIRM THE BENEFITS. HARVARD RESEARCHERS ARE CURRENTLY ENROLLING PATIENTS FOR A LARGE TRIAL THAT WILL ASSESS THE BENEFIT OF FISH OIL SUPPLEMENTS AND VITAMIN D ON CANCER, HEART DISEASE AND STROKE. STAY TUNED AS THE INFORMATION EVOLVES.

LENGTH-01:47      ISSUE-ELDERLY    7      SHOW TIME-5:00

TOGETHER JOE AND PAT MICHAUD ARE FACING THE CHANGES AND CHALLENGES OF AN ALZHEIMER'S DIAGNOSIS. WE'VE BEEN TOGETHER FOR 38 YEARS AND I'M WATCHING MY HUSBAND DISAPPEAR." THAT'S WHY ALZHEIMER'S RESEARCH IS VERY IMPORTANT TO THE COUPLE. EVEN THOUGH JOE DID NOT PARTICIPATE IN THIS PARTICULAR STUDY, THEY ARE INTERESTED IN WHETHER OR NOT TAKING D-H-A WOULD SLOW THE PROGRESSION OF THE DISEASE. OREGON HEALTH AND SCIENCE UNIVERSITY THERE ARE A NUMBER OF STUDIES SHOWING DEPLETION OF D-H-A IN THE BRAIN OF PATIENTS WITH ALZHEIMER'S DISEASE, SO

THAT WAS WHY WE REALLY FOCUSED ON THAT ONE PARTICULAR OMEGA-3 FATTY ACID." DR. JOSEPH QUINN FROM OREGON HEALTH AND SCIENCE UNIVERSITY AND CO-AUTHORS, CONDUCTED A DOUBLE BLIND RANDOMIZED CONTROLLED TRIAL INVOLVING 402 PATIENTS WITH MILD TO MODERATE ALZHEIMER'S. 60 PERCENT RECEIVED THE FISH OIL OVER 18 MONTHS AND THE OTHER 40 PERCENT RECEIVED A PLACEBO. IT TURNS OUT THAT THIS SUBSTANCE DID NOT SLOW THE RATE OF PROGRESSION IN PEOPLE WHO ALREADY HAD A DIAGNOSIS OF ALZHEIMER'S DISEASE." THE STUDY APPEARS THIS WEEK IN A THEME ISSUE ON AGING IN JAMA, JOURNAL OF THE AMERICAN MEDICAL ASSOCIATION AND RESEARCHERS MEASURED A NUMBER OF FACTORS INCLUDING, MENTAL FUNCTION. NATS" FIRST I'LL GIVE YOU SOME WORDS TO REMEMBER OK?...OKTHE WORDS ARE BALLFLAGTREE" JOE THEN LOOKED AT PICTURES OF OTHER OBJECTS AND WAS ASKED TO NAME THEM TOO. NATS" HORSE SHOEYEAH ANCHORYEAH EXCELLENTNOW WHAT WERE THE THREE WORDS I ASKED YOU TO REMEMBER? BALL, FLAG, TREEWOW, WE SHOULD DO THIS ALL THE TIME" PAT SAYS SHE AND JOE TAKE NOTHING FOR GRANTED, INCLUDING THE SUPPORT THEY RECEIVE FROM FAMILY AND FRIENDS YOU'VE GOT TO CHERISH WHAT YOU'VE GOT NOW AND THAT'S WHAT'S IMPORTANT." AS FOR JOE, HE SAYS HE'S JUST YOUR TYPICAL RETIREE. " I'M RETIRED I HAVE A LOT OF TIME TO RELAX." " EVEN THOUGH WE DIDN'T GET THE RESULT THAT WE REALLY WERE HOPING FOR WE GOT A PRETTY DEFINITE RESULT AND I THINK THERE'S REAL VALUE IN THAT." CATHERINE DOLF, THE JAMA REPORT. RESEARCHERS SAY THERE WAS NO EVIDENCE THAT THE D-H-A HAD ANY ADVERSE EFFECTS ON THE PARTICIPANTS IN THIS TRIAL.

LENGTH-00:19

ISSUE-CRIME 1

SHOW TIME-5:00

DEPUTIES HAVE ARRESTED A MAN WHO THEY SAY BROKE INTO AN ANIMAL SHELTER... 19-YEAR-OLD JOSHUA JURY IS ACCUSED OF STEALING A SAFE AND 175-DOLLARS IN CASH FROM THE HUMANE SOCIETY. EMPLOYEES SUSPECTED JURY WAS BEHIND THE BREAK IN , SINCE HE HAD RECENTLY BEEN FIRED FROM THE SHELTER. HE'S CHARGED WITH BURGLARY AND GRAND THEFT.

NOVEMBER 5, 2010

LENGTH-00:51

ISSUE-HEALTH 5

SHOW TIME-SUNRISE

ACCORDING TO A STUDY WHICH FOLLOWED 40 STUDENTS AGED EIGHT TO TWENTY-TWO, MORE THAN THREE QUARTERS SUFFERED FROM "PERSISTENT SLEEP INITIATION PROBLEMS IN OTHER WORDS, TROUBLE FALLING ASLEEP.AND THE REASON WHY? THEY'RE SPENDING PART OF THOSE IMPORTANT SLEEP-TIME HOURS ENGAGED WITH THEIR ELECTRONIC MEDIA DEVICES. BOYS, NOT SURPRISINGLY, WERE MORE LIKELY TO SURF THE INTERNET AND GAME ONLINE WHILE GIRLS SPENT TIME TEXTING AND E-MAILING--TO THE TUNE OF AN AVERAGE OF 33.5 TEXT MESSAGES AND EMAILS PER NIGHT. THE NUMBER OF OVERNIGHT TEXTS SENT PER PERSON/PER MONTH AVERAGED 3,404 AND OCCURRED BETWEEN 10 MINUTES AND 4 HOURS AFTER BEDTIME. AND THE DISRUPTIONS DIDN'T END THERE. CHILDREN AND

ADOLESCENTS WERE ACTUALLY AWAKENED BY THEIR ELECTRONIC DEVICES GENERALLY ONCE PER NIGHT. RESEARCHERS ALSO FOUND A CORRELATION BETWEEN THE USE OF TECHNOLOGY DURING SLEEP TIME AND DAYTIME PROBLEMS--SUCH AS ADHD, ANXIETY, DEPRESSION AND LEARNING DIFFICULTIES--ALTHOUGH THE AUTHORS ADMIT THAT CAUSATION CAN'T BE DETERMINED SOLELY FROM THIS SMALL STUDY.

LENGTH-00:45      ISSUE-WOMEN 8      SHOW TIME-12:00

YOU RECEIVED THE GREAT NEWS: YOU'RE HAVING A BABY! BUT WHAT ABOUT THAT MORNING CUP OF JOE YOU CAN'T SEEM TO LIVE WITHOUT? DON'T FRET. NEW RECOMMENDATIONS NOW SAY A DAILY CUP OF COFFEE WILL NOT PUT YOUR BABY AT RISK. FOR YEARS, WOMEN RECEIVED MIXED MESSAGES WHEN IT CAME TO THE SAFETY OF CAFFEINE. BUT NOW A COMMITTEE OF THE AMERICAN COLLEGE OF OBSTETRICIANS AND GYNECOLOGISTS HAVE REVIEWED THE LATEST SCIENTIFIC EVIDENCE AND FOUND THAT MODERATE INTAKE-12 OUNCES PER DAY OR LESS THAN 200 MILLIGRAMS-DOES NOT SIGNIFICANTLY INCREASE THE RISK OF MISCARRIAGE OR PREMATURE BIRTH. HOWEVER, MORE THAN 200 MILLIGRAMS MAY CAUSE HARM. IF YOU'RE NOT A COFFEE DRINKER, YOU CAN STILL REJOICE. ALL CAFFEINE IS INCLUDED, SUCH AS CHOCOLATE, IN MODERATION. AN AVERAGE SIZE BAR CONTAINS LESS THAN 35 MILLIGRAMS, INCLUDING THE DARK VARIETIES. YET, CHOOSE CAREFULLY, SOME COFFEE DRINKS CAN HAVE MUCH MORE THEN THE RECOMMENDED LIMIT. SOME 16 OZ COFFEES CAN CONTAIN 320 MILLIGRAMS OF CAFFEINE.

LENGTH-00:34      ISSUE-CRIME 1      SHOW TIME-6:00

AN ACCUSED SERIAL STABBER WITH TIES TO THE SUNCOAST HAS BEEN ACCUSED OF ASSAULTING JAIL OFFICERS IN MICHIGAN. GENESEE COUNTY AUTHORITIES SAY OFFICERS USED A STUN GUN ON ELIAS (EE-LEE-AHS' A'-BOO-LAH'-ZUHM) AFTER HE TRIED TO PUNCH A GUARD IN THE COUNTY JAIL LATE LAST MONTH. HE WAS ARRAIGNED YESTERDAY ON CHARGES OF ASSAULTING AN OFFICER. THE 33-YEAR-OLD WAS ARRESTED IN ATLANTA IN AUGUST AS HE WAS ABOUT TO BOARD A PLANE TO TEL AVIV. THE SUSPECTED KILLER LIVED AT THE FOUNTAIN LAKE CONDOS IN BRADENTON EARLIER THIS YEAR. MANATEE COUNTY SHERIFF'S DEPUTIES SAY THEY HAVE NOT UNCOVERED ANY EVIDENCE ABUELAZAM COMMITTED ANY CRIMES WHILE LIVING ON THE SUNCOAST.

NOVEMBER 6, 2010

NOTHING

NOVEMBER 7, 2010

LENGTH-00:17      ISSUE-CRIME 1      SHOW TIME-EARLY

A STABBING NEARLY KILLED AN ORANGE COUNTY DEPUTY THIS WEEKEND. STEPHEN COOK WENT TO INVESTIGATE A REPORT OF A 7-ELEVEN EMPLOYEE STEALING FROM THE STORE. THAT'S WHEN POLICE SAY 25-YEAR-OLD GIBRAN FLORES-REMIGIO STABBED COOK WITH SOME KIND OF CUTTING DEVICE. COOK RESPONDED WITH GUNFIRE AND KILLED THE SUSPECT.

NOVEMBER 8, 2010

LENGTH-00:51      ISSUE-CRIME 1      SHOW TIME-SUNRISE

A 44-YEAR-OLD GRANDMOTHER.. WHO TRIED TO SEE HER EIGHT-WEEK-OLD GRANDSON... REMAINS BEHIND BARS THIS MORNING. PATTY BIGBEE AND HER 42-YEAR-OLD BOYFRIEND ARE CHARGED WITH THE ILLEGAL SALE OF AN INFANT. BOTH WERE ARRESTED FRIDAY IN DAYTONA BEACH... WHEN AN F-D-L-E AGENT AND A CONFIDENTIAL SOURCE .... MADE THE TRANSACTION WITH THE COUPLE ... FOR THE INFANT. "IT'S APPALLING. WHO WOULD SALE A CHILD FOR MONEY? WE'RE JUST THANKFUL RIGHT NOW THAT DCF HAS TAKEN CONTROL AND WE'LL HOPEFULLY FIND A GOOD HOME FOR THIS 2 MONTH OLD BABY." THE BABY'S MOTHER.... 21 YEAR OLD STEPHANIE DAVIS-BIGBEE .... IS IN JAIL IN MANATEE COUNTY. OFFICIALS SAY SHE WAS RECENTLY ARRESTED...FOR ORGANIZED FRAUD. THE CHILD WILL REMAIN IN PROTECTIVE CUSTODY .... UNTIL ARRANGEMENTS ARE MADE FOR THE BABY TO STAY WITH A FAMILY MEMBER.

LENGTH-1:22      ISSUE-HEALTH 5      SHOW TIME-5:00

You okay? TANNEKE BURNS ENJOYS HER JOB... Relax your hand for me. ...DRAWING BLOOD FOR A BOSTON AREA BLOOD BANK. BUT OVER THE PAST COUPLE OF YEARS, SHE'S WATCHED HER HOURS SHRINK. SEVEN OR EIGHT HOUR BLOOD DRIVES NOW LAST JUST FIVE. I'VE ALWAYS BEEN TOLD THAT AS LONG AS YOU HAVE A JOB IN HEALTH CARE, YOU ARE PRETTY MUCH SET. SO TANNEKE, A MOTHER OF FIVE, IS PURSUING A MORE SECURE CAREER IN NURSING. SHE GOES TO CLASS AT NIGHT AND WORKS DURING THE DAY. I DON'T CONSIDER MYSELF TO BE A RISK-TAKER, BUT I GUESS ON SOME LEVEL THIS IS. A RISK THAT WILL LIKELY PAY OFF. THE POPULATION IS AGING. AND AN ESTIMATED 50 MILLION AMERICANS ENTER THE HEALTH CARE SYSTEM WHEN REFORM KICKS IN IN 2014. RUBIN: THEY ARE GOING TO NEED HOSPITALS AND DOCTORS AND NURSES TO TAKE CARE OF THEM. DEMAND FOR HEALTH CARE SERVICES EQUALS DEMAND FOR GOOD JOBS. ROMANS: WHERE ARE THE JOBS IN HEALTH CARE? IT'S NOT JUST NURSING. IT'S ALL UP AND DOWN THE SPECTRUM IN



HEALTH CARE. RUBIN: IT'S A BIG FIELD. ANY HEALTH CARE PROFESSION IS A BIG FIELD WHEN YOU HAVE ALL LEVELS OF PEOPLE IN THERE, AND THE JOBS, QUITE FRANKLY, ARE GOING TO BE FOUND IN ALL THOSE LEVELS. THERE'S ALREADY A SHORTAGE OF HEALTH CARE I-T PROFESSIONALS, MEDICAL CODERS AND MEDICAL ASSISTANTS. THE GOVERNMENT ESTIMATES HUNDREDS OF THOUSANDS OF HOME HEALTH AIDES AND PERSONAL AIDES WILL BE NEEDED OVER THE NEXT DECADE. OFTEN THOSE JOBS COME WITH ON-THE-JOB TRAINING, BUT LOW PAY. MEDIAN WAGES FOR REGISTERED NURSES HOWEVER, IS 66,530 DOLLARS. TANNEKE BURNS IS HOPEFUL. THERE WILL BE STUDENT LOANS TO PAY OFF, BUT SHE'S CONFIDENT SHE'S MADE THE RIGHT CHOICE. I'VE ALWAYS TOLD MY CHILDREN, "YOU NEED TO GO TO SCHOOL, GET AN EDUCATION." BUT I FELT LIKE IF I HAVEN'T GONE TO COLLEGE, HOW CAN I EXPECT THEM TO DO IT? HOW CAN I EXPECT THEM TO DO SOMETHING I HAVEN'T DONE MYSELF?

LENGTH-00:49      ISSUE-CRIME    1      SHOW TIME-6:00

THIEVES BREAK INTO A BRADENTON DOCTOR'S OFFICE -- AND MAKE OFF WITH THOUSANDS OF DOLLARS WORTH OF EQUIPMENT. MANATEE COUNTY SHERIFF'S DETECTIVES SAY LATE LAST NIGHT, SOMEONE BROKE INTO DR. JOSE GOLDBURG'S MANATEE AVENUE DENTAL OFFICE. INVESTIGATORS SAY THE SUSPECTS GOT IN THROUGH THE BACK GLASS DOOR-- BUT AT FIRST LOOK, IT DIDN'T APPEAR AS IF ANYTHING HAD BEEN STOLEN. IT WASN'T UNTIL THIS MORNING EMPLOYEES REALIZED SEVERAL PIECES OF EQUIPMENT WERE MISSING. AT THAT POINT THERE WASN'T ANYTHING THAT I NOTICED, BUT YES THEY DID TAKE ABOUT 30-THOUSAND DOLLARS OF EQUIPMENT. X-RAY SENSORS AND AN INTRA-ORAL CAMERA WERE AMONG THE ITEMS STOLEN. DR. GOLDBURG HAS ALREADY REPLACED THE BROKEN GLASS DOOR.BUT THE SUSPECTS ARE STILL ON THE LOOSE.

LENGTH-00:26      ISSUE-CRIME    1      SHOW TIME-11:00

MEANWHILE -- OFFICERS ARREST TWO PEOPLE WANTED FOR STABBING A NORTH PORT MAN. POLICE SAY EARLY SUNDAY MORNING, OFFICERS RESPONDED TO THE 81-HUNDRED BLOCK OF COCO SOLO AVENUE. THERE THEY FOUND THE VICTIM, SUFFERING FROM AN APPARENT STAB WOUND TO THE KIDNEY. HE WAS FLOWN TO BAYFRONT HOSPITAL. AFTER CONDUCTING INTERVIEWS, OFFICERS WERE ABLE TO IDENTIFY JAMES DELANEY AND CHELSEA MYERS AS SUSPECTS. THEY WERE ARRESTED AND CHARGED WITH ARMED ROBBERY AND AGGRAVATED BATTERY.

NOVEMBER 9, 2010  
LENGTH-01:36      ISSUE-HEALTH   5    SHOW TIME-SUNRISE

KANSAS STATE UNIVERSITY. IN THE HEART OF MANHATTAN KANSAS, IT'S CALLED THE LITTLE APPLE. K-STATE IS KNOWN FOR TWO THINGS RIGHT NOW: A TOP TEN BASKETBALL TEAM AND NOW THE NUTTY PROFESSOR."YES, THEY ALREADY HAVE."MARK HAUB SAYS PEOPLE HAVE ALREADY CALLED HIM A LITTLE NUTTY, AND HE DOESN'T MIND. AFTER ALL HE LOVES HIS NUTTY BARS AND JUNK FOOD, LOTS OF JUNK FOOD. AND WHILE YOU CAN CALL HIM NUTTY, DO NOT CALL HIM CRAZY. HE'S QUITE SERIOUS ABOUT THE JUNK FOOD DIET. AFTER ALL, HE'S LOST 30 POUNDS EATING THIS STUFF AND THE ATTENTION HAS GONE VIRAL. "IT'S A T-V SHOW. HE SATELLITED ME IN."HE'S BEEN ON NATIONAL T-V AND ONLINE, TALKING ABOUT EATING JUNK IN MODERATION. "ZINGERS, NESTLE CRUNCH BAR, KIT KAT. I'VE TALKED TO PEOPLE FROM IRELAND, NORWAY, INDIA. YOU KNOW, IT'S BEEN A GLOBAL EXPERIENCE."THE KEY, HAUB SAYS, IS CAREFULLY COUNTING CALORIES AND DOCUMENTING EVERYTHING FROM THOSE NUTTY BARS TO, WELL, EVERYTHING ELSE."LET'S SEE WHAT I HAD YESTERDAY OR THE DAY BEFORE THAT."IT'S ALL DOCUMENTED CAREFULLY TO MAKE SURE HE'S NOT OVEREATING. AND HE'S LOST ALL THE WEIGHT BY DOING IT IN MODERATION. "SO WHAT ABOUT HAUB'S DIET? WE ASKED HIM IF ANY STUDENTS ARE TRYING IT. WELL NOBODY IN HIS CLASS HAS TRIED IT YET, ALTHOUGH SOME ARE PLANNING ON IT. WE ASKED SOME OF THE OTHER STUDENTS OUT HERE AT K-STATE, WOULD YOU TRY THE DIET?" "I TRY TO CUT DOWN ON FAST FOOD, BUT IT'S NOT WORKING."HAUB SAYS THAT'S FINE, IT'S OKAY TO EAT FATTY FAST FOOD IF YOU COUNT CALORIES."I WORK AT A RESTAURANT, SO I JUST KIND OF EAT WHEN I GET THERE AND EAT WHEN I LEAVE."AGAIN, FINE. HE SAYS THE DIET WORKS AS LONG AS YOU ARE COUNTING. SO WHAT'S THE FUTURE OF THE JUNK FOOD DIET? HE'S RECENTLY BRANCHED OUT INTO POTATO CHIPS. BUT REMEMBER, HE ONLY DROPPED THE THIRTY POUNDS BY EATING JUNK IN MODERATION. AND WITH SUCCESS IN DROPPING THE POUNDS AND ALL THE MEDIA ATTENTION, THE NUTTY PROFESSOR SAYS HE'S NOT RULING OUT TURNING HIS BIG LOSS INTO A BOOK DEAL. "THAT'S BEEN DISCUSSED. NOTHING-- NOT FORMALLY WORKING ON ANYTHING AT THIS POINT."HAUB SAYS IT'S WASN'T ALL TWINKIES ALL THE TIME.HE DID ALSO EAT VEGETABLES AND MEAT WHILE ON HIS JUNK FOOD DIET.

LENGTH-00:49      ISSUE-CRIME   1    SHOW TIME-12:00

MANATEE COUNTY DEPUTIES AND SARASOTA POLICE .... ARE INVESTIGATING AN ARMED KIDNAPPING....THAT LEFT THE VICTIM WITH A BULLET IN HIS LEG. THE WHOLE THING STARTED .... WHEN THE VICTIM WAS WALKING IN THE AREA OF PERSHING AVENUE AND 27TH STREET EAST IN SARASOTA .... AROUND 11:15 LAST NIGHT. THAT'S WHEN HE SAYS TWO MEN APPROACHED HIM .... AND FORCED HIM INTO THEIR CAR AT GUNPOINT. ONCE INSIDE, ONE OF THE MEN TOOK HIS MONEY AND CELL PHONE.THEN FORCED HIM INTO THE TRUNK OF THE CAR. THE SUSPECTS DROVE TO THE YOUTH CENTER ON 17TH STREET COURT EAST IN TALLEVAST.THERE THEY TOOK THE VICTIM OUT OF THE TRUNK....MADE HIM LAY FACE DOWN ON THE GROUND....AND SHOT HIM IN THE THIGH.

LENGTH-01:31

ISSUE-CRIME 1 SHOW TIME-12:00

THERE WILL NEVER BE CLOSURE...DR. WILLIAM PETTIT TELLS US....BUT THERE IS NOW JUSTICE--FOR THAT HORRIFIC DAY THREE YEARS AGO...WHEN HIS WIFE JENNIFER AND THEIR YOUNG DAUGHTERS MICHAELA AND HAYLEY WERE KILLED IN THEIR CONNECTICUT HOME AFTER HOURS OF TORMENT.ONE OF THE MEN CHARGED, STEVEN HALEY, WAS SENTENCED TO DIE MONDAY WHEN THE JURY HANDED DOWN THEIR VERDICT...A JURY THAT INCLUDED SEVEN WOMEN.THAT WAS A CASE A SEXUAL PREDATION AGAINST WOMEN AND I WAS HAPPY TO SEE WOMEN STAND UP FOR OTHER WOMEN///I THINK THE JURY TOOK ITS TIME LISTENED TO THE EVIDENCE AND MADE AN APPROPRIATE AND JUST DECISION.THE PETTIT JURORS, WHO HAD TO ENDURE WEEKS OF GRAPHIC TESTIMONY AND CRIME SCENE PHOTOGRAPHS, DESCRIBED THEIR HEART-WRENCHING DELIBERATIONS ON GOOD MORNING AMERICA. THERE WERE A LOT OF VERY EMOTIONAL TIMES WHEN PEOPLE WOULD BREAK DOWN. BUT WE ALL KIND OF RALLIED AROUND EACH OTHER. WE BASED OUR DECISIONS ON FACTS. WE WERE ABLE TO KEEP PUSHING THOSE EMOTIONS OUT AND GET DOWN TO WHAT THE LAW REQUIRED US TO DO. FOR FOUR DAYS, THEY CONSIDERED THE FATE OF STEPHEN HAYES.ALL THE WHILE, A PICTURE OF THE VICTIMS WAS KEPT IN THE JURY ROOM.WE HAD TO MAKE DECISIONS WITHIN THE LAW. BUT THE FAMILY WAS IN FRONT OF US.REMINDING US WHAT WE WERE DOING AND WHY WE WERE THERE.THE STRUGGLE, ACCORDING TO ONE JUROR, WAS THE ACT OF ACTUALLY SENTENCING ANOTHER HUMAN BEING TO DEATH.I DON'T THINK ANY ONE OF US REALLY FELT THAT WE WERE IN A POSITION TO JUDGE THE TAKING OF ANOTHER PERSON'S LIFE. BUT PART OF MY RATIONALE WAS, OUR FOUNDING FATHERS GAVE US THIS TOOL. AND IF THIS WASN'T THE CASE TO USE THIS TOOL ON, THEN WE NEVER REALLY DID EVER HAVE A CASE.DEFENSE ATTORNEYS CLAIM STEPHEN HAYES IS HAPPY HE RECEIVED THE DEATH PENALTY--SO HE CAN BE FREED OF THE GUILT THEY CLAIM HE FEELS OVER THE MURDERS.

LENGTH-00:51

ISSUE-HEALTH 5 SHOW TIME-12:00

AN EXTRA SERVING OF GREEN LEAFY VEGETABLES MAY HELP REDUCE YOUR RISK OF DEVELOPING DIABETES. 1 THAT'S ACCORDING TO A SYSTEMATIC REVIEW AND META-ANALYSIS REPORTED IN THE BRITISH MEDICAL JOURNAL. THE AUTHORS ANALYZED THE RESULTS OF SIX LARGE STUDIES AND FOUND THAT EATING A LARGE AMOUNT OF GREEN LEAFY VEGETABLES REDUCED TYPE II DIABETES RISK BY 14 PERCENT. HOWEVER, THE STUDY DID NOT SHOW SIGNIFICANT BENEFITS FROM INCREASED CONSUMPTION OF FRUITS, VEGETABLES OR A COMBINATION OF BOTH. 1 TYPE II DIABETES IS CAUSED BY THE BODY'S INABILITY TO ADEQUATELY USE INSULIN. IT'S THE MOST COMMON FORM OF DIABETES AND AFFECTS MORE THAN 6 PERCENT OF THE WORLDWIDE POPULATION. 2,1 THE REVIEW, WHICH INCLUDED MORE THAN 200,000 PEOPLE AGED 30 TO 74, SUGGESTS THAT VEGETABLES LIKE SPINACH, CABBAGE AND BROCCOLI, WHICH CONTAIN MAGNESIUM, MAY REDUCE THE RISK OF THE DISEASE. 1 BOTTOM LINE, A DIET RICH IN PRODUCE IS IMPORTANT IN MAINTAINING GOOD HEALTH AND POSSIBLY REDUCING YOUR RISK OF MANY ILLNESSES, INCLUDING CANCER AND CARDIOVASCULAR DISEASE. SO AIM FOR ABOUT TWO CUPS OF FRUIT AND TWO AND HALF CUPS OF VEGETABLES EVERYDAY.

LENGTH-00:26      ISSUE-CRIME   1      SHOW TIME-5:00

NOW AN UPDATE TO A STORY WE BROUGHT YOU YESTERDAY...22-YEAR-OLD STEPHANIE BIGBEE-FLEMING OF BRADENTON IS THE THIRD PERSON CHARGED IN AN ALLEGED SCHEME TO SELL HER 8-WEEK OLD SON. POLICE SAY SHE AGREED TO LET HER OWN MOTHER SELL THE CHILD SO SHE COULD PAY FOR A NEW CAR.THE BOY'S GRANDMOTHER, 45-YEAR-OLD PATTY BIGBEE, AND BIGBEE'S BOYFRIEND, 42-YEAR-OLD LAWRENCE WORKS, WERE CHARGED LAST WEEK. POLICE SAY THE TWO NEGOTIATED A 30-THOUSAND DOLLAR DEAL FOR THE BOY'S SALE.

LENGTH-00:21      ISSUE-CRIME   1      SHOW TIME-6:00

A TAMPA AREA HIGH SCHOOL IS LOCKED DOWN THIS AFTERNOON -- AFTER WORD SPREAD TWO STUDENTS BROUGHT GUNS TO SCHOOL. AUTHORITIES SAY THE GIBSONTON HIGH SCHOOL 9TH GRADERS BROUGHT THE WEAPONS TO PROTECT THEMSELVES AFTER GETTING INTO A DISPUTE WITH OTHER STUDENTS. THE GUNS WEREN'T LOADED -- BUT THE STUDENTS DID HAVE AMMUNITION. EACH WAS CHARGED WITH POSSESSION OF A WEAPON ON SCHOOL PROPERTY.

LENGTH-00:28      ISSUE-DRUGS   11      SHOW TIME-6:00

HUNDREDS OF MANATEE COUNTY HIGH SCHOOL STUDENTS RECEIVE A LESSON ON THE DANGERS OF PRESCRIPTION DRUGS...TODAY'S ASSEMBLY AT LAKEWOOD RANCH HIGH SCHOOL IS PART OF NATIONAL DRUG FACTS WEEK. NEARLY 500 STUDENTS LEARNING ABOUT THE SCIENTIFIC FACTS BEHIND PRESCRIPTION DRUGS -- HOW THEY AFFECT THE BODY... AND THE RISKS. WE'VE GOTTEN REALLY GOOD ABOUT YOUTH ALCOHOL ISSUES... AND BRING THAT TO THE KIDS... A RECENT STATEWIDE SURVEY SHOWS OVERALL DRUG USE AMONG FLORIDA MIDDLE AND HIGH SCHOOL STUDENTS IS DOWN. MANATEE COUNTY WAS ONE OF FIVE SITES NATIONWIDE CHOSEN FOR TODAY'S EVENT.

LENGTH-00:24      ISSUE—DRUGS   11      SHOW TIME-SUNRISE

POLICE IN PEMBROKE PINES .... REMOVED A BUNCH OF MARIJUANA PLANTS FROM A HOME YESTERDAY. INVESTIGATORS SAY THEY DISCOVERED ABOUT 36 PLANTS .... EACH ABOUT SIX

OR SEVEN FEET TALL. OFFICIALS SAY THE POT IS PROBABLY WORTH ABOUT 140-THOUSAND DOLLARS. POLICE WERE TIPPED OFF BY THE ELECTRIC COMPANY. THEY NOTICED A LOT OF ENERGY BEING USED IN THE HOME. NO ARRESTS HAVE BEEN MADE YET.

LENGTH-01:26      ISSUE-JEALTH    5    SHOW TIME-12:00

WHEN YOU PONDER THE ESSENCE OF A TWINKIE, YOU MIGHT THINK OF THE SUPPLE GOLDEN CAKE, THE AGELESS CREAM FILLING. ONE THING YOU PROBABLY DON'T THINK OF? LOSING 27 POUNDS!!!! I LOST 27 POUNDS IN 10 WEEKS MARK HAUB IS A PROFESSOR OF NUTRITION AT KANSAS STATE UNIVERSITY...WHO SPENT 10 WEEKS EATING LITTLE ELSE BESIDES... LITTLE DEBBIE SNACK CAKES, MINI BARS, FUDGE ROUNDS HE DID IT TO PROVE A POINT. THAT IN WEIGHT LOSS WHAT MATTERS MOST IS THE TOTAL CALORIES IN THE FOOD YOU ARE EATING, NOT THE NUTRITIONAL VALUE. HE LIMITED HIMSELF TO JUST 18 HUNDRED CALORIES A DAY...LESS THAN THE 26 HUNDRED A MAN OF HIS SIZE USUALLY EATS. SAY A TWINKIE AT 150 CALORIES, A LITTLE DEBBIE STAR CRUNCH, 150 CALORIES, A BROWNIE AT 270, A ZEBRA CAKE AT 160 AND A BOWL OF CORN POPS AT 220 CALORIES. HE DID THROW IN VITAMINS, PROTEIN SHAKES AND VEGATABLES TOO....AS WELL AS SOME MODERATE EXCERCISE AFTER 10 WEEKS HE WAS LIGHTER...AND HIS BAD CHOLESTEROL WAS DOWN 20 PERCENT TOO. THERE IS A DISCONNECT BETWEEN BEING HEALTHIER AND EATING HEALTHY CALORIES SEEM TO BE WHAT'S MOST IMPORTANT IN WEIGHT LOSS CUTTING CALORIES DOES HELP LOSE WEIGHT...AND LOSING WEIGHT DOES HELP LOWERING CHOLESTEROL. BUT SOME EXPERTS WORRY ABOUT WHAT HE IS PUTTING IN HIS SYSTEM THEIR IMMUNITY WILL GO DOWN, THEY WILL BE AT A GREATER RISK FOR CANCER, FOR HEART DISEASE AND THEN THEY WILL PROBABLY END UP GAINING WEIGHT HAUB SAYS HE IS NOT RECOMMENDING THIS FOR EVERYONE...IT WAS JUST AN EXPERIMENT. AS FOR THE TWINKIES, AFTER 10 WEEKS, HE SWEARS HE'S NOT SICK OF THEM YET.

LENGTH-01:15      ISSUE-CRIME 1    SHOW-TIME 5:00

A BRUTAL MURDER MYSTERY PLAYING OUT IN THIS FORT LAUDERDALE CANAL OFF NORTHEAST 26TH STREET AND FEDERAL HIGHWAY. POLICE WITH THESE TWO CRITICAL CLUES. THIS MAN SAYS HE FOUND THE SHOE IN A CONTAINER FILLED WITH CONCRETE CEMENTED TO A MAN'S HACKED REMAINS. "IT HAD A STENCH TO IT THAT I KNEW WASN'T NORMAL." POLICE SHOWING THESE PRESCRIPTION, FARSIGHTED EYEGLASSES THAT WERE CHIPPED OUT OF THE CEMENT. AND A GRAY, SIZE 10 NEW BALANCE SNEAKER, ALSO IN THE CONTAINER. "WHEN YOU OPENED IT, YOU COULD SEE ONE OF THE SNEAKERS, SO OBVIOUSLY, THE SNEAKER WAS DETACHED FROM THE BODY PART." BUT INVESTIGATORS WON'T ELABORATE ON WHAT ELSE WAS FOUND. "THERE'S BODY PARTS IN THIS CONTAINER. WHAT BODY PARTS WE HAVE, AT THIS POINT, WE'RE NOT AT LIBERTY TO RELEASE AT THIS POINT." POLICE DIVERS IN THE CANAL LOOKING IN THE WATERS SURROUNDED BY HOMES. THE GOAL IS TO BRING TO THE SURFACE ANYTHING THAT CAN HELP IDENTIFY THE VICTIM. "WE'RE TRYING TO FIND MORE BODY PARTS." ALL THIS ACTIVITY IS A DISTURBING SIGHT FOR THOSE LIVING NEARBY. "IT'S FRIGHTENING TO THINK THAT THIS IS HAPPENING IN

YOUR NEIGHBORHOOD, AND WHO KNOWS IF WHOEVER HAS DONE WHATEVER LIVES IN YOUR NEIGHBORHOOD AS WELL." "TOO CLOSE TO HOME." "WE DON'T HAVE REASON TO BELIEVE, AT THIS POINT, THAT IT'D BE MOB-RELATED BASED ON THE NATURE THAT IT WAS DONE, BUT AGAIN, I THINK ONE OF THE IMPORTANT THINGS FOR THE GENERAL PUBLIC TO UNDERSTAND: WHOEVER DID THIS WAS HEINOUS. WHOEVER DID THIS HAD NO REGARD. WHOEVER DID THIS WENT TO GREAT LENGTHS TO CONCEAL THE IDENTITY OF THIS VICTIM. TO KILL SOMEBODY IS COLD, BUT THEN TO GO AND VIOLENTLY SEVER THEIR BODY PARTS IN THE MANNER THAT THIS PERSON DID THIS IS JUST UNEXPLAINABLE."

LENGTH-00:55      ISSUE-WOMEN    8    SHOW TIME-11:00

IT'S LADIES NIGHT AT GOLD COAST EAGLE DISTRIBUTING-- DOZENS OF WOMEN AND A FEW MEN-- ALL CAME TOGETHER TO HONOR FEMALE VETERANS. JANICE ZARRO-- THE WOMEN'S RESOURCE CENTER OF SARASOTA COUNTY THE WOMENS RESOURCE CENTER SALUTES AND ACKNOWLEDGES THE SVC OF OUR WOMEN IN THE MILITARY MARGUERITE BARNETT-- WHO WAS A MAJOR IN THE ARMY MEDICAL CORPS-- SAYS DESPITE SERVING SIDE BY SIDE WITH MEN...MARGUERITE BARNETT-- MAJOR IN ARMY MEDICAL CORPS, SURGEON IN SARASOTA, INACTIVE RESERVE WOMEN ARE SERVING RIGHT ALONGSIDE WITH MEN IN AFGHANISTAN AND ALSO IN IRAQ THEY'RE EXPOSED TO THE SAME CONDITIONS IT'S STILL TOUGHER TO BE A FEMALE SOLDIER.MARGUERITE BARNETT-- MAJOR IN ARMY MEDICAL CORPS, SURGEON IN SARASOTA, INACTIVE RESERVE THEY DON'T GET THE SAME SUPPORT WHEN THEY RETURN MOST PEOPLE THINK OF VETERANS AS MEN VA SYSTEM FOR EXAMPLE REALLY ISN'T SET UP FOR WOMEN ONLY A THIRD OF THEM HAVE GYNOS ON THEIR STAFF MARY ANN FLOYD-- A RETIRED MASTER CHIEF PETTY OFFICER IN THE UNITED STATES NAVY-- SAYS THAT'S ALL THE MORE REASON TO REACH OUT TO VETERANS, APPRECIATE THE SACRIFICES THEY MAKE FOR US, AND HONOR THE WOMEN WHO FIGHT FOR OUR FREEDOM. MARY ANN FLOYD-- MASTER CHIEF PETTY OFFICER UNITED STATES NAVY AND ATTORNEY PAY ATTENTION TO THE VETERANS IN YOUR COMMUNITY MALE AND FEMALE ITS REALLY SOMETHING THAT I BELIEVE OUR CULTURE AND PEOPLE APPRECIATE OUR VETERANS MORE THAN EVER HAVE

NOVEMBER 11, 2010

LENGTH-00:38      ISSUE-CRIME    1    SHOW TIME-SUNRISE

A CAB DRIVER IN MANATEE COUNTY ... ROBBED AT GUNPOINT. ACCORDING TO DEPUTIES, A DRIVER FOR BRUCE'S TAXI .... WAS DISPATCHED TO THE 11-HUNDRED BLOCK OF 56TH AVENUE DRIVE EAST IN BRADENTON .... SHORTLY AFTER 9:30 LAST NIGHT. HE WAS FLAGGED DOWN BY A MAN..... WHO GOT IN THE FRONT PASSENGER SIDE OF THE CAR .... PULLED OUT A REVOLVER .... AND DEMANDED MONEY. THE DRIVER GAVE HIM A-HUNDRED DOLLARS IN CASH.... ALONG WITH SOME PERSONAL ITEMS. THE SUSPECT THEN GOT OUT

AND RODE AWAY ON A BICYCLE. THE DRIVER WAS NOT INJURED...ANYONE WITH INFORMATION IN THIS ROBBERY SHOULD CONTACT MANATEE COUNTY CRIMESTOPPERS.

LENGTH-00:55      ISSUE-HEALTH 5      SHOW TIME-12:00

IT'S ESTIMATED ABOUT 500-THOUSAND PEOPLE IN THE UNITED STATES HAVE KIDNEY FAILURE, AND NEARLY HALF OF THEM ARE 60 OR OLDER. BUT A NEW STUDY FINDS ELDERLY KIDNEY FAILURE PATIENTS ARE TWICE AS LIKELY TO GET A KIDNEY TRANSPLANT AS THEY WERE 20 YEARS AGO...RESULTS SHOW IN 2006 ELDERLY PEOPLE WITH KIDNEY FAILURE HAD ABOUT A 7 PERCENT CHANCE OF GETTING A KIDNEY TRANSPLANT WITHIN THREE YEARS OF THEIR FIRST TREATMENT FOR KIDNEY FAILURE. THAT'S DOUBLE THE RATE IN 1995. RESEARCHERS SAY NOWADAYS, KIDNEY FAILURE PATIENTS HAVE GREATER ACCESS TO KIDNEYS FROM LIVING DONORS AND OLDER DECEASED DONORS. AND EXPERTS SAY ALTHOUGH THE FINDINGS DO OFFER HOPE ...AN ELDERLY PERSON WHO NEEDS A TRANSPLANT MAY NEED TO BE A LITTLE STRATEGIC. "LOOK FOR LIVING DONORS AND TO CONSIDER EXPANDED CRITERIA DONORS IS AN OPPORTUNITY TO ENHANCE THEIR PROGNOSIS." COMPLETE FINDINGS FOR THIS STUDY ARE IN THE "CLINICAL JOURNAL OF THE AMERICAN SOCIETY OF NEPHROLOGY."

LENGTH-00:41      ISSUE-HEALTH 5      SHOW TIME-5:00

STATINS ARE DRUGS USED BY MILLIONS OF PATIENTS TO LOWER CHOLESTEROL AND-- WITH IT-- THE RISK OF HEART ATTACKS AND STROKES. A NEW STUDY IN THE BRITISH JOURNAL LANCET FINDS THAT STATINS HAVE AN EVEN GREATER THERAPEUTIC POTENTIAL. RESEARCHERS COMPARED DATA FROM MORE THAN 170-THOUSAND PATIENTS WHO WERE GIVEN EITHER STANDARD DOSES OF STATINS OR MORE INTENSIVE DOSES FOR AN AVERAGE OF FIVE YEARS. THEY CONFIRMED PREVIOUS FINDINGS THAT THE INTENSIVE TREATMENT LOWERED LEVELS OF L-D-L, THE "BAD" CHOLESTEROL-- WITHOUT MAJOR SIDE EFFECTS. THE PATIENTS WHO GOT INTENSIVE TREATMENT HAD A: - THIRTEEN PER CENT LOWER RISK OF HEART ATTACK AND - A SIXTEEN PER CENT LOWER RISK OF STROKE COMPARED TO THOSE WHO GOT STANDARD STATIN DOSES. THE AUTHORS CONCLUDE THAT BY BRINGING DOWN L-D-L LEVELS EVEN MORE, THE RISK REDUCTION COULD BE FORTY TO FIFTY PER CENT.

LENGTH-00:31      ISSUE-CRIME 1      SHOW TIME-11:00

THE SEARCH FOR A WANTED CHARLOTTE COUNTY MAN ENDS WITH HIS ARREST.

DEPUTIES ARRESTING 19-YEAR-OLD NICKOLAS SCHARMBERG \*AGAIN\* THIS MORNING AT A PUNTA GORDA WAL-MART - JUST ONE DAY AFTER ISSUING A NEW WARRANT FOR HIS ARREST. DURING A SEARCH -- INVESTIGATORS FOUND ITEMS SCHARMBERG HAD JUST STOLEN FROM THE STORE. DEPUTIES FIRST ARRESTED THE PORT CHARLOTTE TEEN MONDAY FOR HIS PART IN A STRING OF WEAPONS THEFTS. IN ADDITION TO THOSE CHARGES -- SCHARMBERG NOW FACES TWO ADDITIONAL COUNTS OF DEALING IN STOLEN PROPERTY, GRAND THEFT AND RETAIL THEFT.

NOVEMBER 12, 2010

LENGTH-00:42      ISSUE-HEALTH    5      SHOW TIME-12:00

EVERYONE KNOWS VITAMINS ARE IMPORTANT FOR GOOD HEALTH. BUT HOW MANY OF US ACTUALLY TAKE THE RIGHT VITAMIN.... AT THE RIGHT TIME? EXPERTS FROM THE NATIONAL INSTITUTES OF HEALTH SAY .... A BALANCED DIET WITH GOOD VARIETY .... IS THE BEST WAY TO MEET YOUR DAILY VITAMIN NEEDS. BUT THEY AGREE THAT A MULTIVITAMIN MAY BE NECESSARY IN SOME CASES. THEY ALSO RECOMMEND 600 MILLIGRAMS OF CALCIUM ... IN COMBINATION WITH 400 MILLIGRAMS OF MAGNESIU.... A PRO -BIOTIC, DHA AND VITAMIN D "THE ONLY THING THAT MATTERS FROM THE OTHERS, THAT THE VITAMIN D3 AND A LITTLE FAT LIKE THE DHA, SO TAKING THE D3 AND THE DHA AT THE SAME TIME ? PERFECT."DR. ROIZEN RECOMMENDS TALKING WITH YOUR DOCTOR ... BEFORE STARTING ANY NEW SUPPLEMENTS OR VITAMINS.

LENGTH-00:23      ISSUE-CRIME    1      SHOW TIME-5:00

A SUSPECTED SERIAL STABBER WITH TIES TO THE SUNCOAST HAS BEEN ORDERED TO STAND TRIAL IN MICHIGAN ON AN ATTEMPTED MURDER CHARGE.. THE VICTIM SAYS HE WAS STABBED BY ELIAS ABOO-LA ZAM.. IN JULY AFTER STOPPING TO HELP HIM OPEN THE HOOD OF HIS CAR. A JUDGE SAYS THERE'S PROBABLE CAUSE TO SEND ABUELAZAM TO TRIAL. ABUELAZAM LIVED AT THE FOUNTAIN LAKE CONDOS IN BRADENTON EARLIER THIS YEAR. HE HAS NOT BEEN LINKED TO ANY CRIMES ON THE SUNCOAST.

LENGTH-01:28      ISSUE-HEALTH    5      SHOW TIME-5:00

YEAH, I'M GOING TO DUMP IT." AFTER A MIAMI-DADE MAN GETS SICK WITH DENGUE FEVER WITHOUT EVER LEAVING THE COUNTY -- HEALTH OFFICIALS WARN STANDING WATER, A BREEDING GROUND FOR MOSQUITOES, IS NOW A PUBLIC HEALTH THREAT. "REGARDLESS OF THE AREA WHERE YOU LIVE IN MIAMI-DADE COUNTY, YOU NEED TO BE VIGILANT ABOUT MOSQUITOES." IT'S THE FIRST ORIGINATING CASE OF DENGUE HERE IN AT LEAST 60 YEARS.



"THIS IS A BIG DEAL FOR US FROM A MOSQUITO-CONTROL STANDPOINT, FROM AN EPIDEMIOLOGY STANDPOINT, FROM A PUBLIC HEALTH STANDPOINT... WE HAVE NOT SEEN THIS..." AND WHILE HEALTH DEPARTMENT OFFICIALS REFUSE TO SAY EVEN THE GENERAL AREA WHERE THE DENGUE PATIENT LIVES AND GOT SICK -- MOSQUITO CONTROL, OUT THEY SAY, IS IN FORCE IN THAT NEIGHBORHOOD. "WE CONDUCTED DOOR-TO-DOOR INSPECTIONS, ELIMINATING ANY CONTAINERS." IN MIAMI, MUSICIAN MUSI FISAL WOULD LOOK FOR STANDING WATER IN HIS YARD -- EVEN THOUGH HE ADMITS HE'S SURPRISED BY THE DENGUE WARNING. "IT'S SOMETHING THAT YOU'D FIND IN PAKISTAN -- MAYBE EVEN HAITI, UNFORTUNATELY -- BUT NEVER HERE IN MIAMI." IN THE LAST YEAR, SOUTH FLORIDA HAS BECOME A BREEDING GROUND FOR DENGUE -- THE ONLY ONE IN THE CONTINENTAL U.S. KEY WEST ALONE HAS HAD MORE THAN 50 CASES -- BROWARD COUNTY, ONE. "IT DOESN'T MATTER IF IT'S NORTH, EAST, WEST OR SOUTH -- IT'S HERE." THE DENGUE-CARRYING MOSQUITO THRIVES IN SOUTH FLORIDA YEAR-ROUND. THE FLU-LIKE VIRUS, WHICH IS RARELY DEADLY, CAN ONLY BE TRANSMITTED BY A MOSQUITO. AND THAT MAKES THE FIVE D'S CRUCIAL FOR PREVENTION. THEY ARE: AVOIDING THE OUTDOORS AT DUSK AND DAWN -- DRESSING IN LONG SLEEVES AND PANTS -- USING REPELLANT WITH DEET -- AND AVOIDING STANDING WATER THROUGH DRAINAGE. SYMPTOMS INCLUDE FEVER AND RASH IN INFANTS - - HIGH FEVER, HEADACHES, SEVERE PAIN BEHIND THE EYES, MUSCLE AND JOINT PAIN AND RASH IN OTHERS. "GOD KNOWS I DON'T WANT TO CONTRACT SOME TYPE OF DISEASE THAT'S JUST LIKE FLYING AROUND IN THE AIR -- ESPECIALLY IF I CAN PREVENT IT."

LENGTH-00:50      ISSUE-CRIME    1      SHOW TIME-11:00

FIRST TONIGHT-- SARASOTA SHERIFF'S DEPUTIES ARE INVESTIGATING TWO \*SEPARATE INCIDENTS...WHERE VICTIMS WERE BEATEN AND ROBBED...IN PUBLIC AREAS. THE FIRST ATTACK HAPPENED JUST AFTER 3 P.M. AT FIREHOUSE SUBS ON BEE RIDGE AND MCINTOSH ROADS. THE VICTIM CALLED 9-1-1 -- AFTER BEING ROBBED BY TWO MEN -- ONE ARMED WITH A TIRE IRON, THE OTHER WITH A GUN. THE VICTIM WAS FLOWN TO BAYFRONT MEDICAL CENTER FOR A HEAD INJURY. THE ROBBERS DROVE OFF -- HEADING EASTBOUND ON BEE RIDGE IN A WHITE CHEVY ASTRO VAN. THE SECOND INCIDENT HAPPENED AROUND 8:30 TONIGHT... NEAR RICHARD PLACE AND STICKNEY POINT ROAD. THE VICTIM SAYS HE WAS ABOUT TO CROSS THE STREET, WHEN HE WAS HIT FROM BEHIND -- AND ROBBED BY TWO MEN. THEY FLED ON FOOT WITH THE VICTIM'S WALLET AND KEYS

LENGTH-00:23      ISSUE-CRIME    1      SHOW TIME-11:00'

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CHEVY ASTRO VAN. THE SECOND INCIDENT HAPPENED AROUND 8:30 TONIGHT... NEAR RICHARD PLACE AND STICKNEY POINT ROAD. THE VICTIM SAYS HE WAS ABOUT TO CROSS THE STREET, WHEN HE WAS HIT FROM BEHIND -- AND ROBBED BY TWO MEN.THEY FLED ON FOOT WITH THE VICTIM'S WALLET AND KEYS A HARBOUR HEIGHTS MAN IS ARRESTED FOR STEALING COPPER FROM A HABITAT CONSTRUCTION SITE. INVESTIGATORS CAUGHT RONALD DENMAN THIS MORNING DURING A TRAFFIC STOP. DEPUTIES PULLED HIM OVER FOR AN EXPIRED TAG -- BUT AFTER SEARCHING HIS CAR, FOUND COPPER STOLEN FROM THE HOME'S A-C UNIT. DENMAN FACES GRAND THEFT AND BURGLARY CHARGES. THIS IS THE FOURTH TIME THE HABITAT HOME HAS BEEN HIT BY THIEVES SINCE CONSTRUCTION BEGAN.

NOVEMBER 13, 2010

NOTHING

NOVEMBER 14, 2010

NOTHING

NOVEMBER 15, 2010

LENGTH-00:24    ISSUE-HEALTH    5    SHOW TIME-SUNRISE

MORE THAN 186-THOUSAND PEOPLE UNDER THE AGE OF 20 .... WERE DIAGNOSED WITH DIABETES IN 2007. AND THIS WEEKEND, THOSE WHO FIGHT TO RAISE AWARENESS OF JUVENILE DIABETES .... PLANTED SYRINGES .... TO ILLUSTRATE THE ROUGHLY 25-HUNDRED SHOTS OF INSULIN .... A CHILD WITH JUVENILE DIABETES NEEDS. SOME OF THE WARNING SIGNS OF DIABETES INCLUDE EXCESSIVE THIRST, HUNGER AND SLEEPINESS.

LENGTH-00:50    ISSUE-EDUCATION    10    SHOW TIME-11:00

TOMORROW -- SARASOTA COUNTY SCHOOL BOARD MEMBERS WILL VOTE WHETHER TO ADD TWO MORE CHARTER SCHOOLS TO OUR AREA. ONE COULD BECOME NORTH PORT'S SECOND HIGH SCHOOL. THE OTHER IS A MIDDLE SCHOOL IN VENICE FOCUSED ON HEALTH AND WELLNESS. THE TWO POTENTIAL SCHOOLS COULD BRING SARASOTA COUNTY TO A TOTAL OF 12 CHARTER OPTIONS. HOWEVER SARASOTA COUNTY SUPERINTENDENT OF SCHOOLS LORI

WHITE SAYS TOO MANY CHARTER OPTIONS COULD START TAKING AWAY FROM PUBLIC SCHOOLS -- INCLUDING FUNDING FROM THE STATE AND OVERALL EDUCATIONAL CONTROL. "CHOICE CAN BE GOOD. I THINK WITH QUALITY CHARTER SCHOOLS HAVING THAT AS AN OPTION FOR PARENTS I THINK IS A POSITIVE THING. I THINK THOUGH IT CAN GET TO A POINT IN MANAGING DISTRICT WIDE CHANGE WHERE IF THE BALANCE IS WEIGHTED TOO MUCH TO CHARTER SCHOOLS IT IS DIFFICULT TO MOVE A WHOLE SCHOOL DISTRICT FORWARD." THE VOTE ON THE TWO POSSIBLE ADDITIONS TO THE DISTRICT IS TOMORROW AFTERNOON.

NOVEMBER 16, 2010

LENGTH-00:00:32                      ISSUE-CROME    1            SHOW TIME-SUNRISE

A PANHANDLE WOMAN HAS BEEN SENTENCED TO 25 YEARS IN PRISON ...FOR HIDING A MISSING INFANT UNDER A BED IN A BOX .... IN HER HOME LAST YEAR. SUSAN BAKER WAS SENTENCED MONDAY ....AFTER SHE WAS CONVICTED OF AGGRAVATED CHILD ABUSE,... INTERFERENCE WITH CUSTODY ....AND PROVIDING FALSE INFORMATION TO LAW ENFORCEMENT. BAKER HID THE 7-MONTH-OLD GIRL IN HER RURAL CHIPLEY-AREA HOME IN OCTOBER 2009 ...FOR FIVE DAYS....AS LAW OFFICERS SCoured THE AREA FOR THE INFANT. THE BABY IS NOW WITH A RELATIVE IN TEXAS.

LENGTH-00:26                      ISSUE-CRIME    1            SHOW TIME-12:00

OHIO STATE UNIVERSITY HAS EVACUATED FOUR BUILDINGS.... INCLUDING THE MAIN LIBRARY.... BECAUSE OF BOMB THREATS ...THAT WERE E-MAILED TO THE FBI. AN FBI SPOKESMAN SAYS .... THE THREAT WAS SENT TO THE BUREAU'S WASHINGTON HEADQUARTERS THIS MORNING. ALL OF THE BUILDINGS WERE EMPTIED...AND STUDENTS AND FACULTY HAVE BEEN WARNED ...TO STAY OUT OF THE AREA. TEXT ALERTS WERE ALSO SENT TO SOME 30-THOUSAND STUDENTS.

LENGTH-00:51            ISSUE-HEALTH    5            SHOW TIME-12:00

A FIRM HANDSHAKE MAY INDICATE A LONG LIFE. THAT'S ACCORDING TO A NEW ANALYSIS IN THE BRITISH MEDICAL JOURNAL THAT SUGGESTS TESTING SIMPLE PHYSICAL ABILITIES CAN PREDICT A PERSON'S RISK OF DEATH. SCIENTISTS ANALYZED 33 STUDIES THAT INCLUDED

TENS OF THOUSANDS OF PEOPLE WORLDWIDE. THEY EXAMINED THE PHYSICAL ABILITIES OF PARTICIPANTS, MOSTLY ELDERLY, AND THEN RECORDED WHEN THEY DIED. THEY WERE TESTED ON: GRIP STRENGTH, WALKING SPEED, AND RISING FROM A CHAIR. OVERALL, THOSE WHO TESTED WORSE HAD A CONSISTENTLY HIGHER RISK OF DEATH. IN 14 STUDIES, THE DEATH RATE WAS 1.67 TIMES HIGHER FOR PEOPLE WITH THE WEAKEST GRIP THAN FOR THOSE WITH THE STRONGEST GRIP. THIS INCLUDED YOUNGER PEOPLE AS WELL. IN FIVE STUDIES- THE DEATH RATE WAS 2.87 TIMES HIGHER FOR THE SLOWEST WALKERS THAN FOR THOSE WITH A BRISK STRIDE. AND PEOPLE WHO ROSE MOST SLOWLY FROM A CHAIR, WERE NEARLY TWICE AS LIKELY TO DIE EARLIER THAN THOSE WHO ROSE THE FASTEST. MORE EVIDENCE THAT HOW FIT YOU ARE CAN BE A PREDICTOR OF HOW LONG YOU CAN EXPECT TO LIVE.

LENGTH-00:58      ISSUE-CRIME   1      SHOW TIME-5:00

THAT'S THE STAIN OF THE BUCKET THAT I LIFTED UP." THIS WORKER IS AFRAID TO SHOW HIS FACE, AND WHEN YOU HEAR WHAT HE FOUND, YOU'LL UNDERSTAND WHY. HE VOLUNTARILY CLEANS UP THIS CANAL BANK IN DANIA BEACH BEFORE GOING TO WORK. "PEOPLE THROW FISHING LINE, ALL KIND OF PLASTIC CONTAINERS. I LIKE TO PICK IT UP AND JUST THROW IT IN THE GARBAGE CAN. SO I SAW A BUCKET THERE FOR TWO DAYS. I WAS TIRED OF SEEING IT, SO WHEN I LIFT IT UP, I SAW SOME FLESH IN THERE, AND IT'S A HEAD." "WE GOT HERE TO PULL AUTO PARTS. AS SOON AS WE CAME, THERE WAS A MAN THERE LOOKING IN THE WATER. WHEN HE TOOK THE BUCKET OUT, THERE WAS A HUMAN HEAD IN THERE. IT WAS A WHITE MALE, RED HAIR. SO WHOEVER DID IT, THEY KNEW WHAT THEY WERE DOING." POLICE DIVERS MOVING IN AND LOOKING FOR MORE EVIDENCE. ALSO ON HAND, FORT LAUDERDALE DETECTIVES AFTER CHOPPED UP BODY PARTS, WIRE-RIMMED GLASSES, EVEN SHOES WERE FOUND IN THEIR JURISDICTION LAST WEEK. "WHOEVER DID THIS WAS HEINOUS. WHOEVER DID THIS HAD NO REGARD. WHOEVER DID THIS WENT THROUGH GREAT LENGTHS TO CONCEAL THE IDENTITY OF THIS VICTIM." A HEINOUS SIGHT IN DANIA BEACH TOO. ONE THAT WON'T LEAVE THE PEOPLE WHO SAW IT ANYTIME SOON. "HE'S IN THERE. YOU SEE HALF OF HIS FACE IS OUT, BUT THE REST OF IT'S UNDER CONCRETE." "I CAN'T EAT FOR A LITTLE BIT, LET'S PUT IT THAT WAY. IT SPOILED MY APPETITE."

LENGTH-00:43      ISSUE-HEALTH   5      SHOW TIME-5:00

ENDOMETRIAL OR UTERINE CANCER IS THE FOURTH MOST COMMON FORM OF CANCER IN AMERICAN WOMEN. A NEW REPORT FROM THE AMERICAN ASSOCIATION FOR CANCER RESEARCH SUPPORTS OTHERS FINDING THAT EXERCISE IS AN IMPORTANT PART OF PREVENTING THE DISEASE. THE STUDY COMPARED 668 WOMEN WITH ENDOMETRIAL CANCER TO 665 AGE-MATCHED WOMEN IN A CONTROL GROUP. IT FOUND THAT WOMEN WHO EXERCISED FOR 150 MINUTES A WEEK OR MORE HAD A 34 PER CENT REDUCED RISK OF UTERINE CANCER COMPARED TO WOMEN WHO WERE INACTIVE. THE RESULTS WERE EVEN MORE DRAMATIC IN UNDERWEIGHT WOMEN, WHO SHOWED A RISK REDUCTION OF 73 PER CENT COMPARED TO INACTIVE WOMEN WHO WERE OVERWEIGHT. BUT EVEN OVERWEIGHT

WOMEN WHO WERE PHYSICALLY ACTIVE HAD A 52 PER CENT LOWER RISK. AS ONE OF THE STUDY'S AUTHORS PUT IT: "CLEARLY, PROGRAMS SHOULD BE IN PLACE TO INCREASE THE LEVEL OF PHYSICAL ACTIVITY IN WOMEN." WITH THIS MEDICAL MINUTE, I'M DOCTOR TIMOTHY JOHNSON. SOURCE: AMERICAN ASSOCIATION FOR CANCER RESEARCH

NOVEMBER 17, 2010

LENGTH-00:31      ISSUE-CRIME   1    SHOW TIME-12:00

MANATEE COUNTY DEPUTIES INVESTIGATING A FATAL SHOOTING .....IT HAPPENED BEFORE 9 LAST NIGHT...REPORTS SAY 22 YEAR OLD JOSE ORTIZ STEPPED OUTSIDE OF HIS HOME IN THE 600 BLOCK OF 61ST AVENUE EAST, AND GOT INTO HIS CAR ...THAT'S WHEN HIS FAMILY INSIDE HEARD SHOTS AND RAN TO ORTIZ ....OFFICIALS ARRIVED ON SCENE , AND PRONOUNCED HIM DEAD . NOBODY WAS SEEN FIRING SHOTS...

LENGTH-01:21      ISSUE-HEALTH   5      SHOW TIME-12:00

IT'S THE ONE TWO PUNCH HITTING COLLEGE CAMPUSES EVERYWHERE - "WE STARTED JUST FEELING REALLY BAD. REALLY SICK." 4 STATES HAVE NOW BANNED THEM AND NY SENATOR CHUCK SCHUMER'S OFFICE REPORTS THE FDA IS SET TO RULE THEY ARE UNSAFE AND WILL EFFECTIVELY BE BANNED ACROSS THE COUNTRY. THE MAKERS OF 4LOCO MAINTAIN THEIR PRODUCT IS SAFE BUT TELL ABC NEWS THEY ARE REMOVING THE CAFFEINE "AFTER TRYING - UNSUCCESSFULLY - TO NAVIGATE A DIFFICULT AND POLITICALLY-CHARGED REGULATORY ENVIRONMENT AT BOTH THE STATE AND FEDERAL LEVELS." IT'S A BITTER SWEET VICTORY FOR JOE AND VICKI KEIRAN "I JUST MISS HIM MORE AND MORE EVERY DAY I WISH HE WOULD EMAIL ME I WISH HE WOULD CALL ME I WISH HE WAS COMING HOME FOR THANKSGIVING." ON SEPTEMBER 17TH THEY CLAIM THE ACTIONS OF THEIR SON JASON WERE COMPLETELY OUT OF CHARACTER. HIS ROOMMATES SAY AFTER PARTYING FOR 30 HOURS STRAIGHT, WIRED ON CAFFEINE AND DRUNK FROM THE ALCOHOL -- HE ACCIDENTALLY SHOT HIMSELF IN THE HEAD. "AT WHAT POINT WERE THINGS NOT MAKING SENSE TO YOU?THIS WORD STARTED COMING UP IN THE CONVERSATION WITH HIS ROOMMATES CALLED 4 LOCO.I STARTED FINDING THESE BIZARRE STORIES OF KIDS ALL OVER THE COUNTRY THAT HE HAD DRANK THIS AND THEN STARTED THIS CRAZY BEHAVIOR." THEY SAY JASON, WHO WAS UNDERAGE, DRANK AT LEAST 3 CANS OF 4 LOCO - THE EQUIVALENT OF 18 LIGHT BEERS AND 6 CUPS OF COFFEE. "DO YOU THINK JASON NEEDS TO SHOULDER SOME OF THE RESPONSIBILITY? WE DID NOT CONDONE DRINKING//SOCIETY HAS TURNED A BLIND EYE TO THAT IN ALLOWING KIDS TO BUY LIQUOR UNDERAGE//TO LOSE A KID LIKE THIS TO -- A PRODUCT THAT, IN MY OPINION, SHOULD HAVE A SKULL AND CROSSBONES ON IT AND SITTING UP THERE BESIDE RAT POISON ON THE SHELF."

LENGTH-00:19      ISSUE-CRIME 1    SHOW TIME-5:00

THE STATE CHARGING A BRADENTON WOMAN WITH EXPLOITING A DISABLED ADULT. JO WIGGINTON WAS ARRESTED LAST NIGHT BY LAW ENFORCEMENT OFFICERS WITH THE ATTORNEY GENERAL'S MEDICAID FRAUD CONTROL UNIT.. SHE'S ACCUSED OF WITHDRAWING THOUSANDS OF DOLLARS FROM AN ELDERLY NURSING HOME PATIENT'S BANK ACCOUNT. IF CONVICTED, SHE COULD RECEIVE UP TO FIVE YEARS IN PRISON

LENGTH-00:50      ISSUE-HEALTH 5    SHOW TIME-5:00

EVEN THOSE IN THEIR TEENS MAY BE HURTING THEIR HEALTH WHEN THEY REACH FOR THE SALT SHAKER. U-S DIETARY GUIDELINES SAY MOST PEOPLE SHOULD EAT NO MORE THAN TWO POINT THREE GRAMS OF SODIUM A DAY. BUT MOST AMERICANS EAT MUCH MORE-- ALMOST FOUR GRAMS. AND ADOLESCENTS CONSUME MORE THAN OTHER AGE GROUPS-- OVER NINE GRAMS.. USING A COMPUTER MODEL, A NEW STUDY PRESENTED TO THE AMERICAN HEART ASSOCIATION LOOKED AT THE LONG-TERM EFFECTS OF CUTTING THAT INTAKE BY ONE THIRD AMONG ADOLESCENTS. RESEARCHERS PROJECT THAT GETTING AN EARLY START ON REDUCING SALT CONSUMPTION PAYS OFF LATER IN LIFE. THEY SAY IF TEENAGERS EAT LESS SODIUM, THEIR RISK OF HYPERTENSION WOULD FALL BY UP TO 63 PER CENT. -HEART DISEASE 12 PER CENT -HEART ATTACK 14 PER CENT - STROKE 8 PER CENT AND - DEATH NINE PER CENT. THE AUTHORS CALL FOR REDUCING SALT IN PROCESSED FOODS, WHICH ACCOUNT FOR MOST OF SALT CONSUMPTION. THEY CONCLUDE THAT CUTTING DOWN ON SALT WHEN YOU'RE YOUNG-- WILL IMPROVE YOUR HEALTH AS YOU GROW OLD.

LENGTH-00:50      ISSUE-CRIME 1    SHOW TIME-11:00

INVESTIGATORS ARE HOPING SURVEILLANCE VIDEO WILL HELP THEM FIND THE MAN WHO STOLE NEARLY 400-THOUSAND DOLLARS WORTH OF JEWELRY. LAST NIGHT AROUND 8:30, A MAN WALKED INTO THE ULTRA DIAMOND'S STORE AT THE ELLENTON PRIME OUTLETS. AS YOU CAN SEE IN THIS STORE SURVEILLANCE VIDEO, HE POINTED A GUN AT THE WORKER, TOLD TWO CUSTOMERS TO GET ON THE GROND -- AND ORDERED THE EMPLOYEE TO EMPTY JEWELRY FROM ONE of the CASES INTO A BAG. HE TOOK OFF BEFORE AUTHORITIES WERE ABLE TO CATCH HIM. NOW THEY'RE ASKING FOR YOUR HELP. "THE PRICE OF GOLD IS PRETTY HIGH RIGHT NOW SO YOU KNOW YOU MELT DOWN THIS GOLD AND YOU KNOW YOU ARE GOING TO GET A PRETTY PENNY FOR IT." DEPUTIES SAY THE SUSPECT IS BETWEEN 5 FOOT 8 AND 5 '10 -- AND WEIGHS 230 POUNDS. HE WAS WEARING SUNGLASSES AND A SWEATER VEST.

LENGTH-00:26      ISSUE-CRIME 1    SHOW TIME-11:00

ANOTHER JEWELRY THIEF IS BEHIND BARS TONIGHT. MANATEE COUNTY DEPUTIES ARRESTED ROBERT NEAL -- AFTER THEY SAY HE STOLE SEVERAL GOLD RINGS FROM ADAMS PAWN SHOP ON NORTH TAMiami TRAIL. INVESTIGATORS SAY HE USED A COAT HANGER TO PRY OPEN A DISPLAY CASE AND GRAB THE RINGS. NEAL FLED THE STORE, HIDING BEHIND NEARBY HOUSES -- AND EVEN TRIED TO ESCAPE DEPUTIES BY SWIMMING ACROSS THE BAY. HE WAS LATER CAPTURED AND TAKEN INTO CUSTODY. THE STOLEN RINGS WERE RETURNED TO THE SHOP.

NOVEMBER 18, 2010

LENGTH-00:58      ISSUE-HEALTH    5      SHOW TIME-SUNRISE

DR. GERALD HOLLANDER AT MAI-MON-IH DEES HOSPITAL IN BROOKLYN TREATS HIS PATIENTS WITH THE BLOOD THINNER COUMADIN...TO PREVENT STROKES..BUT IT'S NOT EASY. IT CAN BECOME VERY CUMBERSOME,///IF THE LEVEL IS TOO LOW IT CAN BE DANGEROUS, IF IT'S TOO HIGH IT CAN BE DANGEROUS BUT FOR THE MILLIONS AMERICANS LIKE RABBI HERBERT BOMZER, WHO TAKE PRESCRIPTION BLOOD THINNERS, A NEW MEDICINE...CALLED XARELTO....COULD CHANGE THAT. COUMADIN HAS BEEN THE STANDARD FOR THE LAST 6 DECADES. ORGINALLY DEVELOPED AS RAT POISON, IT CAN BE A BURDEN: PATIENTS MUST UNDERGO FREQUENT BLOOD TESTS AND MAINTAIN A STRICT DIET, BECAUSE THE DRUG CAN INTERACTLY POORLY WITH FOOD AND OTHER MEDICINES. RESEARCHERS SAY XARELTO HAS ALL OF THE BENEFITS...WITHOUT THOSE SIDE EFFECTS IT'S FANTASTIC. TAKING A DRUG FOR THESE CONDITION THAT DOES NOT REQUIRE MONITORING// THAT RELIEVE THE PATIENT OF THE BURDEN OF FREQUENT TESTING AND IS AS GOOD OR BETTER IN THE PROTECTION IS, I THINK A MAJOR ADVANCE IN MEDICINE BLOOD THINNERS ARE BIG BUSINESS. A NUMBER OF PHARMACEUTICAL COMPANIES ARE DEBUTING NEW DRUGS, EACH VYING TO OWN THIS 14 BILLION DOLLAR INDUSTRY. FOR PATIENTS, THE BENEFITS COULD BE PRICELESS.

LENGTH-00:27      ISSUE-CRIME    27      SHOW TIME-SUNRISE

MANATEE COUNTY DEPUTIES SEARCHING FOR A MAN ... WHO ROBBED A SWEETBAY SUPERMARKET LAST NIGHT. ACCORDING TO REPORTS.... THE SUSPECT ENTERED THE STORE AROUND 7-15 LAST NIGHT. HE IMPLIED THAT HE HAD A HANDGUN ... AND DEMANDED MONEY FROM A CASHIER...THE EMPLOYEE COMPLIED ... REMOVING THE CASH DRAWER.... AND THE SUSPECT GRABBED THE MONEY AND RAN OUT.HE GOT INTO A RED CAR. NO ONE WAS INJURED IN THE ROBBERY.

LENGTH-01:12      ISSUE-CRIME    1      SHOW TIME-12:00

IT HAS BEEN SEVEN AGONIZING MONTHS SINCE MONICA BERESFORD-REDMAN'S NAKED BODY WAS FOUND IN A SEPTIC TANK AT A MEXICAN RESORT. HER HEARTBROKEN FAMILY HAS BEEN DEMANDING JUSTICE --HUSBAND BRUCE REDMAN, A FORMER TV PRODUCER FOR THE SHOW "SURVIVOR" IS NOW IN A FEDERAL COURT IN LOS ANGELES. "THIS IS JUST THE BEGINNING AND WE ARE HERE TO KEEP ON FIGHTING FOR JUSTICE FOR MY SISTER." IN COURT DOCUMENTS THE STAFF AT THE CANCUN HOTEL SAYS CONCERNED GUESTS REPORTED: "SCREAMS, CRYING FOR HELP AND EXTREMELY LOUD BANGING.IT SOUNDED LIKE A WOMAN IN EXTREME DISTRESS." THE DESPERATE CALLS FOR HELP WERE COMING FROM THE REDMAN'S ROOM. A ROOM THAT INVESTIGATORS SAY HAS A VIEW OF THE SEWAGE TANK IN WHICH MONICA' S BODY WAS FOUND. HOTEL RECORDS SHOW AN ELECTRONIC KEY WAS USED NINE TIMES BETWEEN MIDNIGHT AND 7AM WHEN MONICA WAS REPORTED MISSING. PROSECUTORS SAY THE FAMILY NANNY SAYS SHE OVERHEARD THE COUPLE HAVING A BIG FIGHT THE NIGHT BEFORE THEY LEFT FOR THE MEXICO VACATION. THE NANNY SAYS SHE OVERHEARD THE HUSBAND SAY THEY NEEDED TO BUY A LIFE INSURANCE POLICY FOR THE WIFE AND HIMSELF. (REDMAN & COURT & KIDS) BRUCE REDMAN'S ATTORNEY SAYS HIS CLIENT IS INNOCENT. THERE WERE TWO OTHER HOMICIDES IN THAT SAME HOTEL SO WE THINK POLICE SHOULD HAVE LOOKED FOR OTHER SUSPECTS BEFORE THEY ARRESTED OUR CLIENT." WHILE THE FORMER TV PRODUCER WAITS FOR TRIAL----THE COURT HAS AWARDED CUSTODY OF HIS FIVE YEAR OLD DAUGHTER AND THREE YEAR OLD SON TO HIS PARENTS.

LENGTH-00:45      ISSUE-HEALTH   5      SHOW TIME=5:00

FIVE MILLION AMERICANS SUFFER FROM THE CONDITION KNOWN AS HEART FAILURE. IT OCCURS WHEN THE HEART IS TOO WEAK TO PUMP BLOOD EFFICIENTLY THROUGH THE BODY. AND IT CONTRIBUTES TO THREE HUNDRED THOUSAND DEATHS A YEAR. THOUGH HEART FAILURE CAN OCCUR WITHOUT WARNING, A NEW STUDY FROM THE UNIVERSITY OF MARYLAND SCHOOL OF MEDICINE REPORTS A POSSIBLE ADVANCE IN DIAGNOSIS. OVER 4000 PEOPLE ABOVE AGE SIXTY-FIVE HAD THEIR BLOOD TESTED FOR A BIO-MARKER TO IDENTIFY THOSE AT HIGHER RISK FOR THE DISEASE. THOSE WHO HAD THE HIGHEST LEVELS OF THE BIOMARKER HAD : TWO AND A HALF TIMES GREATER RISK OF HEART FAILURE AND THREE TIMES GREATER RISK OF DEATH THAN THOSE WHO HAD NO DETECTABLE LEVEL OF THE BIO-MARKER. THE AUTHORS ALSO FOUND THAT WHEN LEVELS OF THE BIO-MARKER WENT UP OR DOWN IN THE BLOOD, SO DID THE RISK OF HEART FAILURE AND DEATH. THEY CONCLUDED THAT THIS BIO-MARKER IS SIGNIFICANTLY ASSOCIATED WITH HEART FAILURE AND CARDIOVASCULAR DEATH.

LENGTH-00:21      ISSUE-DRUGS   11      SHOW TIME-6:00

A CHARLOTTE COUNTY INMATE FACING MORE CHARGES -- AFTER HE'S CAUGHT TRYING TO SMUGGLE IN POT, PILLS AND TOBACCO THROUGH HIS RECTUM. A CORRECTIONS OFFICER BECAME SUSPICIOUS WHEN HE SAW 22-YEAR-OLD SALVATORE ZAMBUTO WALKING AWKWARDLY -- AND THEN ASK TO USE THE RESTROOM. ZAMBUTO IS CHARGED WITH INTRODUCTION OF CONTRABAND INTO A CORRECTIONS FACILITY AND SEVERAL DRUG POSSESSION CHARGES.



LENGTH-01:39

ISSUE-HEALTH 5

SHOW TIME-11:00

BY LOOKING AT HIS WALL OF FAME-- YOU CAN TELL HIGH SCHOOL SENIOR KYLE RILEY-HAWKINS IS A FIGHTER...WHETHER IT'S ON THE WRESTLING MAT OR ON THE FOOTBALL FIELD, BUT KYLE'S HAD TO FIGHT A LOT MORE THAN TOUGH OPPONENTS... IT REALLY BOTHERED ME... WALKING, SITTING EVERYTHING I WAS DOING IT BOTHERED ME." IN 8TH GRADE KYLE AND HIS FAMILY GOT HORRIBLE NEWS-- KYLE WAS DIAGNOSED WITH OSTEOMYELITIS-- A BONE INFECTION-- IN HIS HIP. HE WAS IN SO MUCH PAIN AND I FOUND OUT PEOPLE WITH OSTEOMYELITIS THE PAIN IS VERY INTENSE."AFTER HIS RECOVERY, KYLE CONTINUED TO PLAY SPORTS DESPITE HIS ONGOING HIP PAIN. OPERATING ON THE HIP WOULD'VE INVOLVED A VERY LONG PAINFUL RECOVERY...MOST LIKELY ENDING HIS FUTURE IN SPORTS. HE HAD AN AREA ON HIS HIP WHERE PART OF THE FEMUR BUMPING INTO POCKET SIDE SO KIND OF OVER GROWTH SO ANYTIME HIS LEG SPLIT HE WOULD HAVE PAIN." DR. DANIEL LAMAR-- AN ORTHOPAEDIC SURGEON AT LAKEWOOD RANCH MEDICAL CENTER-- IS WHAT KYLE'S FATHER CALLS A GOOD FORTUNE FIND...BECAUSE HE WASN'T QUICK TO DO OPEN HIP SURGERY ON SUCH A YOUNG ATHLETE. I'M CONVINCED SOME SURGEON WOULD HAVE GONE IN THERE AND CUT HIM UP AND SAID THERE YOU ARE GOOD LUCK. BUT THANKS TO SOME PATIENCE AND NEW DEVELOPMENTS...DR. LAMAR THOUGHT THERE MIGHT BE A SOLUTION FOR KYLE-- HIP ARTHROSCOPY-- AN OUTPATIENT PROCEDURE THAT USES TINY INCISIONS TO GAIN ACCESS TO THE DEEP JOINT. THAT'S ABOUT THE SIZE OF THE INCISION WE NEED AND USE A SERIES OF THOSE AROUND THE HIP TO GAIN ACCESS SO ESSENTIALLY YOU'RE NOT AGGRAVATING OR DAMAGING THE MUSCLES AROUND IT."AND PATIENTS ARE USUALLY WALKING COMFORTABLY IN A FEW WEEKS.DR. LAMAR SAYS WHILE THIS TECHNIQUE IS BEING APPLIED TO YOUNGER PATIENTS, THAT DOESN'T RULE OUT IT'S BENEFIT FOR OLDER PATIENTS.THE HOPE IS THAT WE'RE TRYING TO ALTER NATURAL HISTORY OR PROBLEMS SO IF YOU CAN GET TO IT EARLY HOPEFULLY IT DOESN'T TRANSLATE INTO AN ARTHRITIC CONDITION THAT DOES ULTIMATELY NEED A JOINT REPLACEMENT." AS FOR KYLE-- HE SAYS HE 100-PERCENT PLANS TO WRESTLE IN COLLEGE-- OVER THE SUMMER I WAS IN THE WEIGHT ROOM A LOT AND DOING TRAINING - IT WAS LIKE BRAND NEW ALMOST JUST LIKE THE OTHER ONE."

NOVEMBER 19, 2010

LENGTH-00:36

ISSUE-CRIME 1

SHOW TIME-SUNRISE

THE ATTORNEY FOR THE TEENAGER ACCUSED OF BEING THE "BAREFOOT BANDIT" .... SAYS HE'S NEGOTIATING A POSSIBLE PLEA DEAL. 19-YEAR-OLD COLTON HARRIS MOORE .... PLEADED NOT GUILTY IN SEATTLE ....TO FEDERAL CHARGES AGAINST HIM. THESE INCLUDE INTERSTATE TRANSPORTATION OF A STOLEN AIRCRAFT.... AND BEING A FUGITIVE IN POSSESSION OF A FIREARM. MOORE'S ATTORNEY, JOHN HENRY BROWNE .... SAYS HE'S HOPING ALL THE CHARGES... AND THERE COULD BE BETWEEN 70 & 80 OF THEM... WILL BE CONSOLIDATED INTO ONE TRIAL. A BOOK OR MOVIE DEAL ....COULD HELP PAY RESTITUTION... TO MOORE'S VICTIMS...

LENGTH-00:36      ISSUE-ELDERLY    7      SHOW TIME-SUNRISE

THE SENATE HAS VOTED TO DELAY A MASSIVE CUT IN MEDICARE PAY FOR DOCTORS.... AGREEING TO KEEP CURRENT PAY LEVELS .... UNTIL THE END OF THE YEAR...IF THE HOUSE GOES ALONG.... CONGRESS WOULD STAVE OFF A 23 PERCENT CUT IN DOCTORS' PAY ... SCHEDULED TO TAKE EFFECT DEC. FIRST. IT'S HOPED THE DELAY WILL BUY ENOUGH TIME .... TO NEGOTIATE A ONE YEAR REPRIEVE .... BEFORE THE CURRENT SESSION ENDS. DOCTORS HAVE BEEN THREATENING TO STOP TAKING NEW MEDICARE PATIENTS .... IF THE CUT GOES THROUGH.THEY'VE GONE AS FAR AS TO HOLD PROTESTS ACROSS THE COUNTRY .... AND HERE ON THE SUNCOAST THIS WEEK.

LENGTH-00:30      ISSUE-EDUCATION    10      SHOW TIME-SUNRISE

SOME GOOD NEWS FOR FLORIDA SCHOOLS...THE HIGH SCHOOL GRADUATION RATE HAS RISEN 2-AND-A-HALF PERCENT THIS YEAR. THE FLORIDA DEPARTMENT OF EDUCATION SAYS 79-PERCENT OF HIGH SCHOOL SENIORS... EARNED THEIR DIPLOMAS IN 2010. THAT INCLUDES INCREASES IN MINORITY POPULATIONS AS WELL...BLACKS AND HISPANICS HAVE BOTH INCREASED THEIR GRADUATION RATE BY OVER 13-PERCENT .... SINCE THE 2005-2006 SCHOOL YEAR...THAT NUMBER INCLUDES BOTH STANDARD AND SPECIAL DIPLOMAS.

LENGTH-01:12      ISSUE-HEALTH    5      SHPW TIME-12:00

STRESSED? YOUR SIGNIFICANT OTHER COULD BE YOUR BEST STRESS RELIEF TOOL. 10-15 COMMITTED RELATIONSHIPS: THE ANTIDOTE FOR STRESS ANCHOR LEAD-IN: A MASSAGE, HOT BATH, A GOOD RUN◆THESE MIGHT BE THE THINGS YOU CRAVE WHEN YOU'RE FEELING STRESSED. BUT DR. MALLIKA MARSHALL FOUND THE BEST REMEDY MIGHT BE RIGHT UNDER YOUR NOSE. STRESSED? YOUR SIGNIFICANT OTHER COULD BE YOUR BEST STRESS RELIEF TOOL.SCIENTISTS FOUND THAT BEING MARRIED OR BEING IN A LONG-TERM RELATIONSHIP ACTUALLY HAS A DAMPENING EFFECT ON THE PRODUCTION OF CORTISOL THE BODY'S STRESS HORMONE. IN OTHER WORDS, IF YOU'RE HITCHED YOU MAY PHYSICALLY REACT LESS TO TOUGH SITUATIONS. PREVIOUS STUDIES HAVE FOUND EXCHANGING MARRIAGE VOWS IS GOOD FOR YOUR HEALTH, BUT THIS STUDY SUGGESTS A LONG-TERM COMMITMENT ALSO DECREASES STRESS LEVELS. IN THE STUDY, 501 MASTER'S DEGREE STUDENTS PERFORMED A SERIES OF COMPUTER GAMES THAT TESTED ECONOMIC BEHAVIORS. SALIVA SAMPLES WERE TAKEN BEFORE AND AFTER TO MEASURE HORMONE LEVELS AND CHANGES. ABOUT 40 PERCENT OF THE MEN AND 53 PERCENT OF THE WOMEN WERE MARRIED OR IN RELATIONSHIPS. STUDENTS WERE TOLD THE TEST WAS A COURSE REQUIREMENT, AND WOULD IMPACT THEIR FUTURE CAREER PLACEMENT-MAKING IT POTENTIALLY STRESSFUL. THE RESULT? CORTISOL LEVELS INCREASED IN ALL THE STUDENTS, BUT MORE IN THE

STUDENTS WITHOUT SIGNIFICANT OTHERS.SO NEXT TIME YOU'RE STRESSED, REMEMBER THAT BEATLES SONG: ALL YOU NEED IS LOVE!

LENGTH-00:15      ISSUE-CRIME    1    SHOW TIME-5:00

CHARLOTTE COUNTY SHERIFF'S DEPUTIES BUST A WOMAN THEY SAY ROBBED A DRUG STORE THIS WEEK..KAREN JA- FAR-ZADE IS ACCUSED OF ROBBING A PORT CHARLOTTE WALGREENS.. INVESTIGATORS SAY SHE DEMANDED HYDROCODONE FROM A PHARMACIST.. THEY USED SURVEILLANCE VIDEO TO IDENTITY HER..

LENGTH-01:34      ISSUE-HEALTH    5    SHOW TIME-5:00

FOR 30 YEARS, NOBORU MATSUMOTO HAS BEEN SEVERELY DISABLED... A BRAIN INJURY FROM A MOTORCYCLE ACCIDENT LEFT HIM CONFINED TO A WHEELCHAIR. UNTIL NOW. STANDING... WALKING... ONCE ONLY IMAGINED... NOW TENTATIVE STEPS... WITH ONLY MINIMAL ASSISTANCE... CARRIED OUT BY THESE WHITE ROBOTIC LEGS. "DO YOU EVER GET TIRED OF THE FEELING OF WALKING?" "NO, NO, NEVER." "NEVER? NO. " "THIS IS THE LEGS. "YES, THIS IS LEG, AND THIS IS POWER BOX." PROFESSOR YOSHIYUKI SANKAI IS THE INVENTOR OF THE HYBRID ASSISTIVE LIMB, OR HAL. A ROBOT SUIT, HE CALLS IT. TURNING BRAIN WAVES INTO ACTUAL MOVEMENT. "SO THE SENSORS IN THE ARMS ARE TELLING THE MACHINE TO MOVE." "THE SENSORS DETECTS HUMAN INTENTIONS AND FINALLY ROBOTS WALKS INSTEAD OF THE HUMAN'S BODY. " SO I'M GOING TO TELL THE ARM TO MOVE, BUT I'M NOT GOING TO MOVE MY ARM. AND IT MOVES. "YES." PROFESSOR SANKEI IS DEVELOPING A NUMBER OF POTENTIAL USES OF THE HAL SUIT, INCLUDING A SUIT THAT GIVES CARETAKERS SUPER-HUMAN POWER, TO HELP LIFT THE ELDERLY. THIS IS THE STUFF OF SCIENCE FICTION, LIKE IN THE MOVIE, IRON-MAN. BUT NO MILITARY APPLICATIONS FOR PROFESSOR SANKEI, WHO SAYS HE'S TURNED DOWN MULTI-MILLION DOLLAR DEFENSE CONTRACTS. "YES. NO MILITARY USAGE." "IT'S A DECISION ON YOUR PART?" "YES, MY DECISIONS." "FROM THE WHIMSICAL, TO THE MORE AMUSING, JAPAN HAS A ROBUST ROBOT RESEARCH FIELD. (COVER) FROM ROBOTS THAT LOOK EXACTLY LIKE THEIR INVENTORS TO ROBOTS WHO WILL MAKE YOU YOUR BREAKFAST. PROFESSOR SANKEI'S INVENTION DIFFERS IN THIS WAY, IT HAS A REAL USE, RIGHT NOW, TACKLING A VERY REAL SOCIAL PROBLEM. PROFESSOR SANKEI'S TARGET: USE HIS INVENTIONS TO HELP JAPAN'S EXPLODING ELDERLY POPULATION. BY 2050, 40 PERCENT OF JAPAN WILL BE OVER THE AGE OF 65. COUPLED WITH ONE OF THE WORLD'S LOWEST BIRTHRATES... THAT MEANS FEWER YOUNG TO CARE FOR THE SICK AND ELDERLY. "SOME OF THE PATIENTS CAN STAND UP AND START WALKING. AT THAT TIME, THEIR FACES COMPLETELY CHANGES. WHEN I SEE THESE SMILING FACES, MY HEART IS ALSO ENCOURAGES." "DO YOU HAVE MORE HOPE ABOUT THE FUTURE?" " I WANT TO RUN." "YOU WANT TO RUN NEXT." THAT WILL HAVE TO WAIT. BUT THE POSSIBILITY-- NOW ONE STEP CLOSER.

LENGTH-01:38      ISSUE-ELDERLY    7    SHOW TIME-6:00

THAT'S NOT JEWELRY ON BILLIE MENZEL'S WRIST. IT'S MORE VALUABLE. AND BILLIE DOESN'T UNDERSTAND WHY. BILLIE "EVERY TIME I GO TO THE BANK, THEY COME AND TAKE ME HOME, THE POLICE."THE BANK IS A FIFTH-THIRD BRANCH A FEW HUNDRED YARDS FROM BILLIE'S SARASOTA APARTMENT. THE PROBLEM? IT'S NOT HER BANK.SHE LIVES IN A TOTALLY DIFFERENT WORLD THAN WE LIVE IN.LISA WEST IS BILLIE'S DAUGHTER. AND THE ONE WHO TRIES TO DEAL WITH HER 88-YEAR-OLD MOTHER'S ADVANCING DEMENTIA. IT IS NOT EASY. BILLIE CU "NO I DON'T, NOT ANY MORE" PAN TO LISA SHE REALLY DOES NOT LIKE ME. IT'S BASICALLY CARING FOR SOMEBODY WHO ALWAYS THINKS YOU'RE TRYING TO DO SOMETHING DETRIMENTAL TO THEM. LISA IS TRYING TO KEEP HER MOTHER SAFE THE DANGERS OF WANDERING AWAY FROM HER APARTMENT. BESIDES THE BANK, BILLIE HAS WALKED INTO A LOCAL CAR DEALERSHIP -- ONE THAT BORDERS BUSY US-41.FROM MY APT. I CAN SEE HER STAIRWELL BUT, STILL, IF I'M NOT SITTING RIGHT THERE, I MEAN, SHE'S GOTTEN AWAY SEVERAL TIMES. IT'S HARD. BILLIE AND LISA, PAN TO INCLUDE MARTHA ONE TIME POLICE BROUGHT BILLIE BACK AND TOLD LISA ABOUT A WOMAN NAMED MARTHA BOHN. AND A PROGRAM CALLED PROJECT LIFESAVER.IT IS 100 PERCENT FINDABLE. MARTHA'S TALKING ABOUT THE SMALL TRACKING DEVICE THAT BILLIE NOW WEARS ON HER RIGHT WRIST.ACTUALLY, IT IS A LOJACK. IT'S MANUFACTURED BY LOJACK. AND IT WORKS THE SAME WAY AS THE ONES THAT RECOVER MISSING CARS.35:20 MARTHA TURNS TWD BILLIE'S APT. "IT'S LOUDER THIS WAY, WHERE SHE IS."POLICE TUNE A RECEIVER TO BILLIE'S FREQUENCY AND TRACK HER DOWN. I THOUGHT PEOPLE ONLY LOJACKED THEIR CARS. I HAD NO IDEA. LISA SAYS HER MOTHER HAS GONE MISSING TWO OR THREE TIMES SINCE SHE'S HAD THE LOJACK. AND POLICE HAVE FOUND HER WITHIN FIFTEEN MINUTES EVERY TIME. THIS IS A VERY COST-EFFICIENT DEVICE AND PROGRAM. IT'S A LOT MORE EFFECTIVE THAN HAVING THE WHOLE POSSE GO OUT. FOR THE PATIENTS, THE WRISTBAND COSTS 275 DOLLARS, PLUS SEVEN DOLLARS A MONTH TO REPLACE THE BATTERY. A GRANT PAID FOR THE TRACKING DEVICES. AND MARTHA IS A VOLUNTEER. SO IT SAVES TAXPAYERS AS IT MIGHT HELP SAVE SOMEONE FROM HARM, HOWEVER UNAWARE SHE MAY BE. SHE'S MY MOM. I JUST WANT HER TO BE OK.

LENGTH-00:23      ISSUE-CRIME    1    SHOW TIME-11:00

A SARASOTA CONVENIENCE STORE WORKER IS BUSTED SELLING ALCOHOL AND TOBACCO TO MINORS...SHERIFF'S DEPUTIES ARRESTING MOI-AD NASSER TONIGHT...HE OPERATES THE QUICK MART STORE ON CLARK ROAD IN SARASOTA. DETECTIVES SAY NASSER WAS NOT ONLY SELLING TO MINORS, BUT WOULD INSTRUCT THEM TO USE THE DRIVE THRU IN ORDER TO BE MORE DISCREET. THIS ALSO ISN'T NASSER'S FIRST BRUSH WITH THE LAW... HE WAS CITED IN MARCH FOR THE SAME THING.

NOVEMBER 20, 2010

LENGTH-01:01      ISSUE-CRIME    1    SHOW TIME-EARLY

WE FIRST BEGIN WITH BREAKING NEWS ...A FOUR-YEAR-OLD SARASOTA BOY LIES IN BAYFRONT MEDICAL CENTER TONIGHT AFTER BEING HIT BY A CAR IN BRADENTON. FLORIDA HIGHWAY PATROL SAYS THAT LUIS PEREZ RAN INTO THE PATH OF A CAR BACKING UP IN A PARKING LOT IN THE 67-HUNDRED BLOCK OF 15TH STREET EAST. THE DRIVER DID NOT SEE THE BOY AND BACKED UP OVER HIM. WE'LL BRING YOU MORE INFORMATION AS SOON AS WE GET IT.ALSO TONIGHT... THE SEARCH FOR TWO ROBBERS IN MANATEE COUNTY. POLICE SAY TWO MEN PULLED A HOLD-UP AT THE ANNA MARIA OYSTER BAR IN ELLENTON. LAST NIGHT AROUND 11 O'CLOCK, TWO MEN -- BOTH OVER SIX FEET TALL, BOTH WEARING DARK CLOTHES AND SKI MASKS AND BOTH ARMED WITH HANDGUNS -- WALKED INTO A BACK ENTRANCE OF THE BAR IN THE 15-HUNDRED BLOCK OF 51ST AVENUE EAST IN ELLENTON. THEY THREW A LAUNDRY BAG AT THE MANAGER AND DEMANDED MONEY. WHEN THEY GOT IT, THEY RAN OUT THE BACK DOOR AND DROVE OFF IN WHAT MAY BE A DARK GREEN MINI-VAN. POLICE SAY NO ONE GOT HURT BUT THE ROBBERS GOT AWAY.

LENGTH-00:42      ISSUE-CRIME   1   SHOW TIME-LATE

NOW TO A TRAGEDY IN TALLAHASSEE, WHERE POLICE HAVE FOUND A WOMAN AND THREE CHILDREN DEAD INSIDE THEIR NORTH FLORIDA HOME. OFFICIALS SAY THERE WERE OBVIOUS SIGNS OF VIOLENCE INSIDE. AND THEY'RE NOT RULING OUT A POSSIBILITY THAT THE MOTHER KILLED THE CHILDREN AND THEN HERSELF. PEOPLE ON THE BLOCK WHO KNEW THE FAMILY TIPPED POLICE OFF THAT SOMETHING MIGHT BE WRONG."WE HAD A NEIGHBOR CALL US WHO WAS CONCERNED SO WE RESPONDED TO TRY TO LOOK AROUND THE HOUSE AND SO FORTH AND THAT'S WHEN WE DISCOVERED THE BODIES." THE WOMAN IS BELIEVED TO BE THE MOTHER OF TWO 6-YEAR-OLD CHILDREN AND A 3-YEAR-OLD. POLICE HAVE NOT RELEASED THE VICTIMS' NAMES OR SAID HOW THEY DIED.

LENGTH-01:06      ISSUE-HEALTH   5   SHOW TIME-LATE

THIS IS KIND OF WEIRD FOR ME STANDING ON A CORNER JONATHAN ADLER IS A DOCTOR, NOT A PROTESTER. BUT HE SAYS, WITH MEDICARE THREATENED, SO IS HE. MY PRACTICE IS ABOUT 75-80% MEDICARE. 17:27 AND IF THEY JUST MAKE A 23% CUT, IT'S LESS TIME YOU CAN SPEND WITH PATIENTS, MORE PATIENTS YOU HAVE TO SEE AND MORE MONEY THOSE PATIENTS HAVE TO PAY OUT OF POCKET. NO MONEY THAT NORMA DUNWOODY SAYS SHE DOESN'T HAVE. IT WOULD TAKE FROM MY FOOD MONEY, MY RENT MONEY EVERYTHING ELSE SO SHE STANDS OUT HERE TOO, JOINING DOZENS OF DOCTORS AND MEDICAL SUPPORT STAFF, WAVING SIGNS AT PASSING TRAFFIC ON US-41 OUTSIDE MANATEE MEMORIAL HOSPITAL. TOUGH TO PRACTICE WHEN NOT SURE WHAT INCOME YOU'RE GOING TO GENERATE BINO RUCKER IS A UROLOGIST. HE WORRIES ABOUT HIS OWN BOTTOM LINE IF REIMBURSEMENTS GET CUT. BUT HE SEES THE BIGGER PICTURE. NUMBER ONE PEOPLE WHO SUFFER -- BESIDES OUR SELFISH INTEREST -- IS OUR PATIENTS.BEYOND THAT, ARE DOCTORS OFFICE EMPLOYEES, WHO WORRY THAT MEDICARE CUTS COULD KILL THEIR JOBS. EVERYBODY WORRIES ABOUT IT, YES. I WORRY ABOUT PEOPLE STAYING IN BUSINESS -- JOBS. SHORT TERM, THEY WANT CONGRESS TO STAVE OFF THE CUT SCHEDULED TO HIT

DECEMBER FIRST. BUT LONG TERM, THEY KNOW THAT MEDICAL COSTS HAVE TO FALL. AND DR. ADLER SAYS THAT MEANS LIMITING MALPRACTICE LIABILITY. ALONG WITH MEDICARE CUTS YOU NEED TO HAVE SOME TORT REFORM SO THAT WE DON'T ORDER UNNECESSARY TESTS JUST TO PROTECT OURSELVES AGAINST LAWSUITS.

LENGTH-00:46      ISSUE-HEALTH    5    SHOW TIME-12:00

WOULDN'T IT BE GREAT IF THERE WERE A HOME DIAGNOSTIC TEST THAT COULD DETERMINE YOUR HEALTH STATUS? UNFORTUNATELY, EVALUATING HOW HEALTHY YOU ARE IS COMPLICATED. YET YOU CAN GET A QUICK SNAPSHOT. COMPILE A FAMILY MEDICAL TREE. JUST LIKE RECIPES, DISEASES CAN BE PASSED DOWN. LEARN ABOUT ILLNESSES YOU MAY BE SUSCEPTIBLE TO. ASSESS YOUR LIFESTYLE. LOOK AT YOUR DIET, ACTIVITY LEVEL, ALCOHOL AND TOBACCO USE. COULD YOU MAKE CHANGES? PERFORM SELF-EXAMS: EVERYONE NEEDS SKIN CANCER CHECKS. EXAMINE YOURSELF IN A MIRROR AND BE ON THE LOOKOUT FOR ANYTHING UNUSUAL. MEN SHOULD CHECK FOR TESTICULAR CANCER IN THE SHOWER OR IN FRONT OF A MIRROR. WATCH FOR HARD LUMPS, BUMPS, DISCOLORATION OR PAIN. WOMEN: BE ON THE LOOKOUT FOR BREAST CANCER. IN THE SHOWER OR IN FRONT OF A MIRROR, CHECK FOR LUMPS, CHANGES IN SKIN TEXTURE, DIMPLING OR PUCKERING. DO SELF-EXAMS REGULARLY SO YOU ARE FAMILIAR WITH THE LANDSCAPE OF YOUR BREASTS AND CAN NOTICE POTENTIALLY DANGEROUS CHANGES. AND EVERYONE NEEDS REGULAR PHYSICAL EXAMS.

LENGTH-00:24      ISSUE-CRIME    1      SHOW TIME-5:00

A BRADENTON MAN IS BITTEN, THEN ARRESTED, AFTER BEING ACCUSED OF STEALING FROM A SUNCOAST DEPARTMENT STORE. IT HAPPENED YESTERDAY AT THE BURLINGTON COAT FACTORY ON CORTEZ ROAD.. SHERIFF'S DEPUTIES SAY 38-YEAR-OLD TURI THOMAS KNOCKED ONE OF THEM INTO A WALL AND TOOK OFF...THOMAS WAS QUICKLY CAPTURED BY A K-9 TEAM.. AND WAS TAKEN TO LAKEWOOD RANCH MEDICAL CENTER TO TREAT A DOG BITE ON HIS ARM. HE'S CHARGED WITH SHOPLIFTING AND PETTY THEFT..

LENGTH=0035      ISSUE-CRIME    1    SHOW TIME-6:00

MEANWHILE -- MANATEE COUNTY DETECTIVES STILL NEED YOUR HELP FINDING THE MAN THEY SAY STOLE NEARLY 400-THOUSAND DOLLARS IN JEWELRY FROM AN ELLENTON OUTLET STORE...THEY'VE RELEASED THIS PICTURE TAKEN FROM THE SURVEILLANCE VIDEO IN HOPES SOMEONE WILL RECOGNIZE THE THIEF..THE ROBBERY TOOK PLACE LAST WEDNESDAY AT THE ULTRA DIAMOND STORE IN THE ELLENTON OUTLET MALL. DETECTIVES SAY THIEF

WALKED IN WITH A GUN, ORDERED TWO CUSTOMERS TO THE GROUND AND FORCED THE CLERK TO EMPTY JEWELRY FROM A DISPLAY CASE INTO A BAG.

LENGTH-00:29      ISSUE-CRIME    1            SHOW TIME-11:00

THE MAN ACCUSED IN THE 2001 KILLING OF WASHINGTON INTERN CHANDRA LEVY HAS BEEN FOUND GUILTY OF HER MURDER. AFTER DAYS OF DELIBERATIONS, THE JURY CONVICTED INGMAR GUANDIQUE ON TWO COUNTS OF FIRST-DEGREE MURDER. GUANDIQUE IS ALREADY IN JAIL SERVING TIME FOR TWO ATTACKS ON WOMEN THAT PROSECUTORS SAID CLOSELY RESEMBLE THE ONE THAT LED TO LEVY'S DEATH. HE'S NOW FACING A SENTENCE OF 'LIFE WITHOUT PAROLE' FOR THIS CONVICTION. LEVY'S CASE GAINED NATIONAL ATTENTION AFTER SHE ALLEGEDLY HAD AN AFFAIR WITH THEN CALIFORNIA CONGRESSMAN GARY CONDIT.

NOVEMBER 23, 2010

LENGTH-00:25            ISSUE-CRIME    1            SHOW TIME-5:00

IN CHARLOTTE COUNTY, DEPUTIES ARREST A WOMAN THEY SAY TRIED TO PASS OFF A COUNTERFEIT ONE HUNDRED DOLLAR BILL AT A PUNTA GORDA GAS STATION..TABITHA LEE HAMMOND WAS TAKEN INTO CUSTODY EARLY THIS MORNING AFTER DEPUTIES MATCHED HER CAR TO THE ONE SEEN IN STORE VIDEO.. INSIDE THE CAR THEY SAY THEY FOUND MORE PHONY MONEY ALONG WITH A PRINTER. THEY SAY A MAN IN THE CAR WITH HAMMOND, HOWEVER, WAS ABLE TO GET AWAY. . SHE REMAINS IN JAIL ON A \$68 THOUSAND DOLLAR BOND.

LENGTH-00:22      ISSUE-CRIME    1      SHOW TIME-11:00

A SARASOTA COUNTY MAN ON THE RUN FROM AUTHORTIES SINCE AUGUST IS BEHIND BARS TONIGHT. INVESTIGATORS WITH THE SHERIFF'S OFFICE FUGITIVE APPREHENSION UNIT ARRESTED MICHAEL GRIFFEN THIS MORNING AT HIS MOTHER'S HOME IN NORTH PORT. THE 42-YEAR-OLD FLED THE AREA AFTER NORTH PORT OFFICERS FILED CHARGES AGAINST HIM FOR ASSAULTING A 12-YEAR-OLD GIRL. POLICE SAY GRIFFEN HAS A VIOLENT CRIMINAL HISTORY...

NOVEMBER 24, 2010

NOTHING

NOVEMBER 25, 2010

LENGTH-00:42      ISSUE-CRIME   1      SHOW TIME-SUNRISE

THE HOLIDAYS ARE HERE. AND EACH YEAR AROUND THIS TIME ....WE SEE SEVERAL SEASONAL RESIDENTS RETURN TO THE SUNCOAST. BUT WITH THE ARRIVAL OF THE SNOW-BIRDS....THE SARASOTA COUNTY SHERIFF'S OFFICE IS WARNING RESIDENTS .... TO BE AWARE OF SCAMS.THE SHERIFF'S OFFICE REMINDS YOU TO LOOK OUT FOR ANYONE .... POSING AS A CONTRACTOR OR WORKER. CRIMINALS OFTEN POSE AS UTILITY OR YARD WORKERS .... TO GAIN ENTRY INTO YOUR HOUSE .... AND THEN STEAL VALUABLES FROM THE HOME. DEPUTIES ALSO SAY ... IF YOU SEE ANY SUSPICIOUS ACTIVITY TO CALL AUTHORITIES.

LENGTH-00:43      ISSUE-CRIME   1      SHOW TIME-5:00

MANATEE COUNTY SHERIFF'S DEPUTIES ARE ON THE LOOK OUT TONIGHT FOR THE GUNMAN INVOLVED IN A FATAL HOME INVASION ... IT HAPPENED AROUND 7:30 THIS MORNING .... IN THE 300 BLOCK OF LINDEN DRIVE IN PALMETTO ... LAW ENFORCEMENT OFFICIALS SAY \*TWO ARMED MEN BROKE INTO THE HOME AND GOT INTO A SCUFFLE WITH THE HOMEOWNER ... DURING THAT TIME THE VICTIM, AND ONE OF THE GUNMEN WAS SHOT. THAT GUNMAN DIED AT THE SCENE. THE HOMEOWNER WAS TAKEN TO MANATEE MEMORIAL , WITH MINOR INJURIES ...DEPUTIES DO NOT SUSPECT THIS WAS A RANDOM INCIDENT ...OFFICIALS ARE AGAIN, ON THE LOOKOUT FOR THAT SECOND SUSPECT .

LENGTH-00:31      ISSUE-EDUCATION   10      SHOW TIME-6:00

THE MANATEE COUNTY SCHOOL DISTRICT IS EXPECTING TO FACE ABOUT 700-THOUSAND DOLLARS IN FINES FOR FAILING TO MEET CLASS SIZE LIMITS. THE STATE WILL RELEASE THE FINE AMOUNTS IN EARLY DECEMBER. DISTRICTS ACROSS THE STATE HAVE BEEN SCRAMBLING TO MEET THE CLASS SIZE REGULATIONS. SCHOOLS WHO VIOLATE THEM HAVE TO PAY 3-THOUSAND DOLLARS FOR EACH CHILD THAT SUPRASSES THE CLASSROOM CAP. VOTERS REJECTED AN AMENDMENT THAT WOULD HAVE RELAXED THE LIMIT. MANATEE COUNTY ESTIMATES IT COULD COST MORE TO HIRE THE TEACHERS NEEDED TO MEET THE REQUIREMENTS THAN TO PAY THE FINE.



NOVEMBER 26, 2010

NOTHING

NOVEMBER 27, 2010

LENGTH-00:45      ISSUE-CRIME 1      SHOW TIME-EARLY

AT LEAST THERE, NO ONE GOT STABBED. THAT WAS NOT THE CASE AT A BEST BUY STORE IN AUGUSTA, GEORGIA, WHERE POLICE SAY A SHOPLIFTER STABBED A U-S MARINE. THE MAN HAD TAKEN A LAPTOP COMPUTER AND SOME CAMERAS AND TRIED TO FLEE THE STORE BY PULLING A KNIFE. IT HAPPENED THAT MARINES STOOD OUTSIDE COLLECTING MONEY FOR THE TOYS FOR TOTS PROGRAM. THEY JUMPED THE GUY AND PULLED HIM DOWN BUT ONE OF THE MARINES SUFFERED A KNIFE WOUND IN THE BACK. SHAYLA MYERS: "THEY ARE TRUE HEROIC PEOPLE SO IT'S KIND OF...NOT EXPECTED OF THEM, BUT IT'S NICE TO KNOW THEY WERE WILLING TO DO THAT." THE MARINE RECEIVED STITCHES BUT IS OTHERWISE O.K. POLICE ARRESTED THE ACCUSED SHOPLIFTER. HAVE I MENTIONED THAT ONLINE SHOPPING IS UP THIS YEAR?

NOVEMBER 28, 2010

LENGTH-00:37      ISSUE-CRIME 1      SHOW TIME-EARLY

FORGIVE THE PUN BUT STORE PARKING LOTS WITH CARS FULL OF GIFTS ARE TARGETS FOR CRIMINALS. A WEST PALM BEACH WOMAN WHO LEARNED THAT LESSON THE HARD WAY IS ALSO SEEING THE BEST OF CHRISTMAS SPIRIT. WHILE SHOPPING THIS WEEKEND, SOMEONE BROKE INTO KERRY ANN BROWN'S CAR AND STOLE ALL THE GIFTS SHE HAD JUST BOUGHT. HEARING THE STORY, THE OWNER OF AN APPLIANCE STORE IN NEW YORK STATE OFFERED BROWN A ONE-THOUSAND DOLLAR GIFT CERTIFICATE. "I CAN'T SPEAK. DON'T HAVE WORDS TO COMPREHEND HOW I'M FEELING RIGHT NOW." "THANK YOU, I DIDN'T KNOW PEOPLE WERE LIKE THAT IN THE WORLD. THANK YOU SO VERY MUCH." POLICE STILL LOOK FOR THE GRINCH WHO TRIED TO STEAL KERRY ANN BROWN'S CHRISTMAS.

NOVEMBER 29, 2010

LENGTH-00:56      ISSUE-WOMEN 8      SHOW TIME-SUNRISE

WHEN SHE WAS EXPECTING HER DAUGHTER LAST THANKSGIVING, AUDREY ARNAUD GAINED A TOTAL OF 35 POUNDS -- A HEALTHY WEIGHT GAIN, BUT SHE HAD A SECRET. I DID NOT HAVE A SWEET TOOTH BEFORE I WAS PREGNANT, BUT I DEVELOPED ONE WHILE I WAS PREGNANT. SO WHAT'S AN EXPECTANT MOTHER TO DO ON A FOOD-HEAVY HOLIDAY LIKE THANKSGIVING? THANKSGIVING IS ONE DAY, ENJOY IT, ENJOY THE FOOD THAT'S OFFERED ON THANKSGIVING DAY. BUT AFTER THANKSGIVING DAY, GET RIGHT BACK ON TRACK WITH HEALTHY EATING, BALANCED MEALS AND A VARIETY OF FRUITS AND VEGETABLES. AGNEW ADVISES WOMEN TO WATCH OUT FOR EMPTY CALORIE FOODS -- EATING THEM ONLY IN MODERATION, AND KEEP IN MIND, EATING FOR TWO DOES NOT MEAN DOUBLING THE CALORIES. WHEN YOU'RE PREGNANT, YOU ONLY NEED AN ADDITIONAL ABOUT 300 CALORIES, FROM THE SECOND TRIMESTER ON. AGNEW ALSO OFFERS THESE TIPS: EAT BEFORE YOU GO, SURVEY THE SPREAD BEFORE TRYING ANYTHING IN PARTICULAR, EAT FROM ONLY ONE PLATE. SHE ALSO CAUTIONS AGAINST PLANTING YOURSELF NEAR THE BUFFET TABLE. NOW THAT SHE'S LOST THE BABY WEIGHT, ARNAUD SAYS SHE'S NOT GONE BACK TO HAVING A SWEET TOOTH. SHE WILL BE COOKING THANKSGIVING DINNER HERSELF TO CONTROL WHAT IS SERVED.

LENGTH-00:38    ISSUE-CRIME    1    SHOW TIME-SUNRISE

CALL HIM THE NEW GOLDIE LOCKS POLICE IN JACKSONVILLE .... ARE SEARCHING FOR A BURGLAR THEY SAY BROKE INTO A HOUSE....AND MADE HIMSELF AT HOME. HE BAKED BROWNIES.... HE SURFED INTERNET PORN SITES AND TOOK A NAP. POLICE SAY HE ALSO STOLE A GUN....WHICH CAME IN HANDY WHEN A NEIGHBOR INTERRUPTED THE MAN'S UNINVITED HOUSE-SITTING. IF HE WANTED TO, HE COULD'VE SHOT ME OR CHASED BEHIND ME AND TRIED TO SHOOT ME, BUT HE NEVER FIRED A SHOT. SO I'M THANKFUL FOR THAT. TURNED OUT TO BE A GOOD THANKSGIVING. DAVIS TOOK OFF AND NEVER LOOKED BACK. APPARENTLY THE BURGLAR DID TOO...SINCE POLICE HAVEN'T BEEN ABLE TO FIND HIM.

LENGTH-00:53    ISSUE-HEALTH    5    SHOW TIME-12:00

FOR ADULTS WHO TAKE MEDICATION FOR ADHD, AND STILL SUFFER FROM INATTENTION AND IMPULSIVENESS-NEW RESEARCH SUGGESTS ADDING COGNITIVE BEHAVIORAL THERAPY MAY LESSEN SYMPTOMS. RESEARCHERS FOUND THAT AFTER ONE YEAR, PATIENTS WHO RECEIVED COGNITIVE BEHAVIORAL THERAPY ALONG WITH THEIR MEDICATION HAD BETTER LUCK QUELLING SYMPTOMS THAN THOSE USING DRUGS AND RELAXATION TECHNIQUES. COGNITIVE BEHAVIORAL THERAPY, OR CBT, HELPS PEOPLE FORM HEALTHY THOUGHT PATTERNS. THE STUDY RANDOMLY ASSIGNED 86 ADULTS WITH ADHD THAT PERSISTED DESPITE MEDICATION, INTO TWO GROUPS. ONE GROUP ATTENDED 12 INDIVIDUAL THERAPY SESSIONS THAT FOCUSED ON CBT. PATIENTS WORKED ON PROBLEM-SOLVING AND REDUCING DISTRACTIBILITY. THE OTHER GROUP HAD 12 SESSIONS FOCUSING ON RELAXATION TECHNIQUES, EDUCATION ABOUT ADHD AND SUPPORT. OVERALL, THE STUDY FOUND THAT MORE THAN TWO-THIRDS OF THE PATIENTS IN THE THERAPY GROUP EXPERIENCED A REDUCTION IN ADHD SYMPTOMS, AS COMPARED TO JUST ONE-THIRD OF

THE PATIENTS IN THE RELAXATION GROUP. EXPERTS NOW HOPE TO FIND WAYS TO INTRODUCE CBT TO THE MORE THAN 4 PERCENT OF AMERICAN ADULTS WHO SUFFER FROM ADHD .

LENGTH-00:50      ISSUE-DRUGS    11    SHOW TIME-5:00

THE NORTH PORT AREA IS LOOKING FOR WAYS TO FIGHT BACK AGAINST A GROWING PRESCRIPTION DRUG PROBLEM.. THE SARASOTA COALITION ON SUBSTANCE ABUSE AND THE CITY OF NORTH PORT WILL HOST A TOWN HALL MEETING TO TALK ABOUT THE EPIDEMIC TOMORROW NIGHT. ACCORDING TO THE COALITION.. MORE PEOPLE ARE NOW DYING ANNUALLY OF PRESCRIPTION DRUG OVERDOSES THEN CAR CRASHES IN OUR AREA."WHEN YOU START TO SEE PRESCRIPTION DRUG DEATHS GOING ABOVE THAT OF TRAFFIC ACCIDENTS THAT IS AN INDICATOR. YOUR RADAR SHOULD BE GOING OFF. THIS COMMUNITY HAS TO COME TOGETHER. THIS IS NOT JUST A LAW ENFORCEMENT PROBLEM OR A HEALTH DEPARTMENT PROBLEM, IT'S EVERYONE'S PROBLEM." ABC 7'S JOSH TAYLOR WILL HOST THE EVENT WHICH WILL INCLUDE LOCAL LEADERS, MEDICAL PROFESSIONALS, EDUCATORS, AND LAW ENFORCEMENT. THE PRESCRIPTION DRUG FORUM IS TOMORROW NIGHT AT NORTH PORT CITY HALL FROM SIX TO SEVEN-THIRTY P-M. YOU CAN ALSO WATCH IT LIVE ON THE CITY'S WEBSITE.

NOVEMBER 30, 2010

LENGTH-00:18      ISSUE-HEALTH    5    SHOW TIME-SUNRISE

MORE MAY NOT BE BETTER WHEN IT COMES TO VITAMIN D...THAT'S ACCORDING TO THE INSTITUTE OF MEDICINE... THEY SAY THERE'S NO PROOF THAT MEGADOSES OF VITAMIN D ... PREVENT CANCER OR OTHER AILMENTS...THE NEW DIETARY GUIDELINES .... EVEN GOES AS FAR AS SAYING THAT SUPER-HIGH LEVELS COULD BE RISKY.

LENGTH-00:34      ISSUE-CRIME    1    SHOW TIME-12:00

CHARLOTTE COUNTY SHERIFF'S DEPUTIES ....ARE LOOKING FOR A MAN WHO TRIED TO SPEND SOME FUNNY MONEY.. INVESTIGATORS SAY THE MAN IN THIS SURVEILLANCE PICTURE .... TRIED TO USE COUNTERFEIT 50-DOLLAR BILLS .... AT TWO CIRCLE-K STORES IN PUNTA GORDA. A STORE CLERK REALIZED THE BILL WAS FAKE...AND CALLED SHERIFF'S DEPUTIES.. INVESTIGATORS SAY THE SUSPECT WAS SEEN LEAVING BOTH STORES .... IN A WHITE OR SILVER MINI VAN .... WITH TWO PEOPLE INSIDE..

LENGTH-00:44

ISSUE-HEALTH 5 SHOW TIME-12:00

NEW SPINAL TEST COULD HELP DETERMINE WHO WILL DEVELOP ALZHEIMER'S DISEASE. 1 SCIENTISTS SUGGEST THAT THREE PROTEIN "BIOMARKERS" OF ALZHEIMER'S CAN BE DETECTED IN SPINAL FLUID -- YEARS BEFORE MEMORY PROBLEMS APPEAR. THE EXPERIMENT INCLUDED 114 PATIENTS WITH NORMAL MEMORY, 200 WITH MILD IMPAIRMENT AND 102 WITH ALZHEIMER'S. ALL OF THEM UNDERWENT A SPINAL TAP. SCIENTISTS THEN MEASURED THE CONCENTRATION OF THE BIOMARKERS IN THEIR SPINAL FLUID. THE BIOMARKERS WERE PRESENT IN MORE THAN 90 PERCENT OF THOSE WITH ALZHEIMER'S DISEASE- DEMONSTRATING THAT THE TEST COULD CONFIRM WHO HAD THE DISEASE. IT ALSO FOUND THAT 72 PERCENT OF PATIENTS WITH MILD IMPAIRMENT HAD THE BIOMARKERS. AND EVERY ONE OF THEM DEVELOPED ALZHEIMER'S WITHIN FIVE YEARS. THIRTY-SIX PERCENT OF THE PEOPLE WITH NO IMPAIRMENT ALSO EXHIBITED THE BIOMARKERS. SCIENTISTS BELIEVE THEY TOO WILL ONE DAY GET THE DISEASE. EXPERTS HOPE THIS DIAGNOSTIC TOOL COULD ONE-DAY HELP SCREEN HEALTHY PEOPLE.

LENGTH-00:45

ISSUE-DRUGS 11 SHOW TIME-5:00

A NEW GOVERNMENT REPORT SAYS ONE OUT OF THREE PEOPLE INVOLVED IN FATAL CRASHES... HAD DRUGS IN THEIR SYSTEM. THE OFFICE OF NATIONAL DRUG CONTROL POLICY IS RESPONSIBLE FOR THE STUDY.. ITS DIRECTOR... SAYS THE PERCENTAGE IS ALARMING-- AND SHOULD SERVE AS A WAKEUP CALL. HE SAYS THERE'S NOT ONLY DANGER IN DRIVING UNDER THE INFLUENCE OF ILLEGAL DRUGS... BUT OF GETTING BEHIND THE WHEEL WHILE TAKING POWERFUL PRESCRIPTION OR OVER-THE-COUNTER MEDICATIONS. I WAS VERY SHOCKED BY THE NUMBER. IT'S A VERY HIGH NUMBER... CLEARLY GETTING THIS MESSAGE OUT TO THE PUBLIC ABOUT DOING DRUGS AND GETTING BEHIND THE WHEEL IS CRITICAL. THE REPORT DID NOT GIVE A BREAKDOWN OF THE DRUGS FOUND IN DRIVERS SYSTEMS'... BUT THE DIRECTOR SAYS HE SUSPECTS ILLEGAL DRUGS AND FREQUENTLY ABUSED PRESCRIPTION PAINKILLERS WERE MOST COMMON.

LENGTH-00:26

ISSUE-CRIME 1 SHOW TIME-6:00

SHERIFF'S DEPUTIES MAKE A STRING OF ARRESTS IN A PROSTITUTION STING... UNDERCOVER DETECTIVES CONDUCTING A RAID AT "AROMA THERAPY" -- A KNOWN PROSTITUTION HOUSE IN PORT CHARLOTTE. THAT'S WHERE THEY ARRESTED JENNIFER SILLETTI AND HER HUSBAND CHRISTOPHER.. DETECTIVES ALSO RAIDED TWO OTHER HOUSES - WHERE THEY ARRESTED CARTRINA PLATT...AND RACHEL CELANI... CELANI -- WHO ALSO FACES A DRUG POSSESSION CHARGE -- REMAINS IN THE CHARLOTTE COUNTY JAIL.

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